COHASSET MARINER

Feb. 21-27, 2014

cohasset.wickedlocal.com

Vol. 35, No. 9 \$2

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WINTER BREAK



College kids' online business taking off

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GateHouse Media*





Third grader Ben Weissensee looks back while manning the yellow submarine at RISE on a recent Tuesday afternoon. STAFF PHOTO/ROBIN CHAN

Art rules at 'RISE'

Kids get crafty during before, after-school program

By Erin Dale edale@wickedlocal.com

John, Paul, George and Ringo sang about living in a yellow submarine - but the kids in Cohasset's RISE program actually get to play in one.

The before- and afterschool program - which stands for Recreation, Imagination, Socialization and Education - is often a hub for creativity and ad-

nator Grace Griffiths, who always has a fun project for Osgood and Deer Hill students from kindergarten through fifth grade.

Last year, students traveled back in time to a medieval castle, complete with turrets, ramparts, stained glass windows, tapestries and wooden horses. In the past, the Deer Hill classroom has also been transformed so students could visit "Paris," with passports, venture, corralled by coordi- the metro, a street café, mu-

seum and boutique. And the special significance to her. year before that, they got to explore the galaxies in their me because of the Beatles," very own space station.

All of Griffith's projects have been crafted with recycled and found materials, such as cardboard from Hingham Lumber. The submarine took her around a week to build. While it was done at the request of a student, fifth grader Andrew Collins, who is in his last year of the program, Griffiths said that the idea holds

"It means something to she said with a smile, waxing nostalgically about the band's early records and last week's 50th anniversary of their iconic appearance on the Ed Sullivan Show.

While the kids have been singing The "Yellow Submarine" song, they have not otherwise succumbed to much Beatledom.

SEE RISE, 9

MUSIC

Cohasset musician rocks Boston

Andrew O'Keeffe plays the Middle East

By Erin Dale edale@wickedlocal.com

"AO" is on the rise. Singer-songwriter Andrew O'Keeffe, a Cohasset High School alum, is becoming a fixture of the

Boston music scene. With his own blend of acoustic, blues-tinged folk rock, O'Keeffe is heavily influenced by the likes of Ray LaMontagne, Mark Knopfler, Eric Clapton, Stevie Ray Vaughn and Jimi

His acoustic guitar prowess and raspy vocals have drawn comparisons to both LaMontagne, a commercially successful New England folk artist, and even John Mayer. But

O'Keeffe is simply focused on crafting his own original songs with powerful, expressive lyrics and

melodies. "Any good songwriter is

SEE MUSICIAN, 12

ADCOM UPDATE

New date

By Erin Dale edale@wickedlocal.com

This week's Advisory Committee meeting was canceled

due to a scheduling snafu. Chairman Peter Pescatore said that he had to cancel the meeting when he realized that the meeting notice had not been posted in enough time to comply with the state Open Meeting Law, which requires 48-hour notice. Pescatore posted the Tuesday, Feb. 18 meeting on Monday, which was a holiday.

Pescatore said that he took responsibility for the slip-up and was disappointed that the meeting had to be canceled, because there was a full docket of topics to tackle.

One of the most immediate items that must be addressed is the town's ice and snow budget (see related story), which has escalated due to all of the recent storms.

The ice and snow account is depleted and in deficit balance," said Pescatore.

To remedy this, the chairman said he would post a meeting for Friday just to vote on this issue. The meeting is scheduled for 8:30 a.m. in Town Hall.

The other item on Friday's agenda is a request from the Fire Department, which was also on Tuesday night's agenda. The department is seeking a reserve fund transfer to address problems with their onboard computers, which Pescatore said are "old and

breaking down." Other issues on the meeting's agenda, to be discussed on a future date, include a review of the town's investment and debt policies, along with the fiscal policy "in light of our goal to get a 'triple A' bond rating," said Pescatore.

A tie-in that could affect the town's bond rating is the possible renovation of town hall, which is being studied by the Town Hall Renovation and Restoration Committee. Advisory members will dis-

SEE ADCOM, 9

UPDATE

Field of Honor returns for eighth year

What

Once again The Sons of the American Legion, Squadron 118 of Cohasset, will post hundreds of United States Flags in a poignant display honoring local veterans. The Field of Honor recognizes the veterans who have so valiantly served our country to protect and preserve our freedom.

When

For the eighth straight year, the flags will fly from the lawn facing the Veterans Memorial which itself will be encircled

by the flags of the 50 states. Residents of Cohasset and the surrounding area will experience this inspiring display of flags from May 17 to June 1 as the Stars and Stripes flutter proudly atop eight-foot poles set in ordered lines. This touching memorial is free to the public. The Healing Field dedication will be at 1 pm. on Saturday, May 24.

How to take part

\$30 individual flags may be sponsored in memory of family or friends honored. Checks

should be made payable to the Sons of the American Legion with a note on the memo line of the check indicating Field of Honor. Sponsored flags can be retained as mementos of this year's Field of Honor which can be then be displayed from home or busi-

To find more information or to sponsor a flag online, visit www.healingfield.org/cohasset14. For details on becoming an event sponsor or to

obtain applications for field flags, please contact the American Legion Post at telephone 781-383-9657 or stop by at the Post at 98 Summer St., anytime weekdays after 3 p.m., on Saturdays after 10 a.m. or on Sundays after 12

All proceeds with go to veterans programs of the Sons of the American Legion of Cohasset.



The annual Field of Honor has become an annual tradition in Cohasset. The **Healing Field dedication** this year will be at 1 pm. on Saturday, May 24. PHOTO/K. A. MACDONALD

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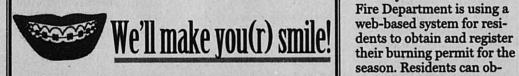
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CHICKEN NUGGETS

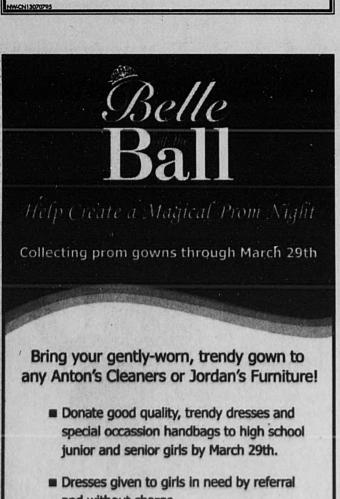


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lordans

PICTURE THIS

Evan

Name: Evan David Ackley.

Occupation: Full-time student at Salem State Univer-

Best day of your life: At this point, the day I bought my first guitar seems most significant. At the time, it wasn't so, but now it sure is.

Best vacation: 10-day Boy Scout trek in Philmont, New Mexico, summer of 2011.

Favorite season: Spring.

Favorite holiday: Memorial

Day.

Favorite junk food, meal or dessert: I go weak at the knees for Twizzlers...

Best book: The Fault in Our Stars, by John Green.

Best movie or actor: David Tennant.

Best TV show: Doctor Who.

Best music, group or artist: Dispatch, Of Monsters and

Pet peeve: People who don't use their turn signals.

Fun fact: I am the seventh Eagle Scout to graduate from Cohasset's class of 2013!

Person you would most like to meet: Chadwick Stokes or

The 2014 Open Air Burn-ing Season will close on

Thursday, May 1. Residents

number each day they wish

to burn when burning is be-

This year the Cohasset

Fire Department is using a

must obtain a permit to

burn during the season, and register their permit

ing allowed.

FEB.

Friday

Saturday

Sunday

Monday

Thursday 20

Wednesday 26

Thursday 27

21

22

23

24

25



The Mariner caught up with Evan Ackley at the Ground Level Coffeehouse at Beechwood Congregational Church, 51 Church St. If you see Evan around town, be sure to

Paul McCartney; anyone musically capable to put in me in awe, really.

Goal: To travel the world, spreading peace, love, and music.

Open air burning season underway

tain their burning permit at

the Town of Cohasset web

Once they are on the web

site they can click on the

[mktix.com/toco/burnper-

mit] fill out the registration

fee for the permit via credit

form and submit the \$10

card. Once their payment

has been received the sys-

tem will generate a permit

number for the resident to

South Shore Tide Chart

COHASSET HARBOR (WHITE HEAD)

8:37 0.2

9:26 0.3

10:21 0.3

11:21 0.3

12:42 0.5

1:44 0.1

2:43 -0.4

LOW

8:55 0.3

9:44 0.5

10:39 0.7

11:39 0.7

12:24 0.1

1:26 -0.3

2:25 -0.7

3:21 -1.2

use for the entire 2014

HIGH

9.1

9.1

9.2

9.3

9.6

10.0

10.4

HGT. PM

2:51

3:40

7:44 8.6

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luding Greek, Caesar, Chef's, Ga

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4:36 8.2

5:37 8.1

6:41 8.3

8:44 9.1

9:41 9.7

8.4

AM

2:26

3:11

4:01

4:58

5:59

7:02

8:05

9:05

burn permit link:

site: cohassetmass.org.

Biggest worry: Getting stuck in one place for too long.

Best part of Cohasset: Ground Level Coffeehouse, hands down.

mention that you saw him in Picture This! COURTESY PHOTO

Open Air Burning Season.

permit numbers wishing to

burn during the season will

need to check the Town of

Cohasset web site www.co-

hassetmass.org and click on

[mktix.com/toco/status].

This link will say whether

burning is being allowed

for the day and will allow

residents to register their

SUNRISE

6:32

6:30

6:29

6:27

6:26

6:24

6:23

6:21

SUNSET

5:21

5:23

5:24

5:25

5:26

5:28

5:29

permit number for the day.

the status link:

Residents with validate

FACEBOOK

Find us on Facebook. Search "Cohasset Mariner"

Log on to hear the latest po-

lice and fire news from Hing-

ham and surrounding towns.

GOT NEWS?

Submit your news, photos, announcements or sports information online.

TOP 5 STORIES ONLINE

- Cohasset planners to hold medical marijuana hearing.
- Cohasset teen is children's book author.
- New Town Manager feted at Rotary Club dinner.
- Polar Plunge for Special Olympics is Saturday.
- Fire department reminder to dispose of fireplace ashes properly.

BRIEFLY

How to contact the Cohasset VSO

Assistant Veterans Services Officer Vincent Fountaine has an office above Sovereign Bank at Cohasset Plaza (380 Chief Justice Cushing Highway, Suite F). He also maintains office hours at Town Hall and the Senior Center.

Fountaine can be reached is by calling 781-635-4407. The number is also listed on the outside of the building, front door at the street level. You can also reach him via email at: vfountaine@cohassetma.org

Free legal clinics offered

The Bar Association of Norfolk County is sponsoring Free Evening Legal Clinics as a public service to the community. A panel of attorneys experienced in all areas of the law will be

available for one-on-one consultations to discuss legal questions. All consultations are strictly confiden-

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

Free Evening Legal Clinics will take place from 6 to 8 p.m., on Tuesdays, at the following courts:; Dedham District Court, April 1; Quincy District Court, May 13; Quincy District Court, June 10; Quincy District Court, July 1; and Quincy District Court, Aug. 5, 2014.

For more information, call Adrienne C. Clarke, Bar **Association of Norfolk** County, at 617-471-9693, or visit the website: norfolkbarassn.org.

nce upon a time, there was a big pile of laundry.

The pile was made up of all different colors. A mommy decided she would play a game. Red! she said to her child, holding up a red shirt. Red! the child said. Mommy put it in the colors pile. Whites went in another pile. Green like a frog! White like ice cream! And so it went. Colors, whites. Colors, whites. And on the very last thing - a bib of blue the child pointed to the colors pile. You should've seen the smile on mommy's face.



Check out our pho-

www.cohasset.wickedlocal.com

her community blog.

POLICE FIRE

Breaking the (snow) bank

Snow, ice budget in deficit

By Erin Dale edale@wickedlocal.com

A barrage of winter storms has bankrupted the town's ice and snow budget for the

Mid-way through winter, Cohasset is approximately \$47,000 in the hole, according to Finance Director Mary Gallagher. The town budgets \$125,000 annually to tackle ice and snow.

When asked if the town under-budgets for this expense, Gallagher explained that it's the same amount year to year.

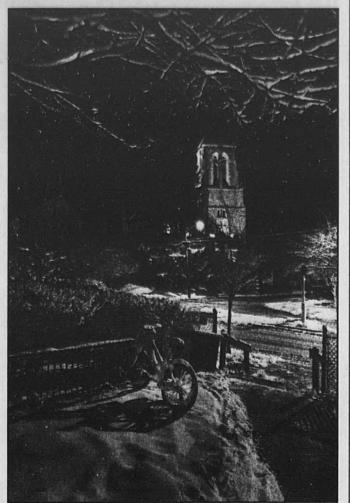
"The snow and ice budget was the same last year as this year," the finance director said, adding that Mass. General Law allows towns "to deficit spend the snow and ice budget as long as the current year's budget is not less than the previous years."

This is common practice in "most towns," Gallagher added. "You can bet every [town] is in the hole... It's not unusual when you have a winter like this."

Advisory Committee chairman Peter Pescatore noted that the town is in deficit, and scheduled a meeting for Friday, Feb. 21, chiefly to vote on transferring funds to add to the ice and snow budget.

"The ice and snow account is depleted," he said.

Gallagher said that while the town is allowed to go into deficit spending in order to keep up with snow removal, the town must later vote on whether to transfer funds to pay for it "or raise it on next year's recap."



While recent snowstorms have painted a pretty picture of Cohasset Village - shown here with St. Stephen's overlooking the square - the weather has had a different effect on the snow and ice removal budget. STAFF PHOTO/CHRIS BERNSTEIN

plained that it's better "to take care of it before the end add it onto the next year's recap. "Otherwise it means that there is less in the budget for

the next year," Gallagher said. One thing is for certain - all of the snowstorms have kept the town's Dept. of Public Works very busy. Crews have worked overnight keeping take care of it." roads and private ways

The finance director ex- plowed during a number of major storms this winter.

The DPW plows and sands of the fiscal year," rather than 52 miles of road with a sand and salt mixture, said the DPW's Boyd Livingston.

And when the weather is frightful, he and the rest of the DPW crew don't sweat it.

"Winter is winter; we get what we get," said Livingston. "If it's out there, we have to

FIRE DEPARTMENT

Refrigerator fire on Pleasant Street

On Friday (Feb. 14) at 8:30 a.m. Engine 2 (Captain Trask & FF/Medic Martin), Engine 1 (FF/Medic Boudreau) and Ambulance 1 (FF/Medic O'Neill) were dispatched from headquarters to 68 Pleasant St. for a reported building fire.

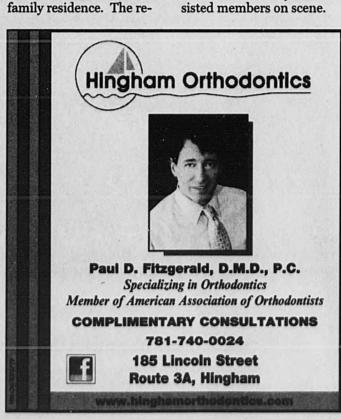
On arrival at the scene, units had smoke showing from the front entrance of a two and half story wooden frame two-family residence, Captain Trask then requested the dispatch center to page out a box alarm for a working fire. Members then stretched a pre-connected 1-3/4 inch line into rear of the building and initiated an aggressive search of the building to find the cause of the heavy smoke condition within the build-

ing. C-1 (Chief Silvia) arrived on scene and took command of the incident, C-2 (Assistant Fire Chief Dockray) also arrived on scene and assisted members in searching for the cause of the smoke condition. Off duty members Captain Bilodeau, Lt./Medic Forde, FF/Medic Hernan and FF/Medic Collins responded back to the station, manned Ladder 1 and responded to the scene. Scituate Engine 3 and Scituate

Car 30 also responded to the scene on the working fire assignment and assisted Cohasset Fire personnel in searching the interior of the

building. Once members started horizontal ventilation by opening windows and doors, a small fire was then discovered behind and under a refrigerator unit on the first floor of the two-

rrigerator unit was removed from the building and wall behind the refrigerator, and the cabinets above the refrigerator were overhauled to make sure the fire did not spread any further into the building. Hingham Engine 2 covered Cohasset Fire Headquarters will units were tied up at the scene. Call Firefighters Brooke and McKay also as-





Valuables taken from vehicle at shopping plaza

By Mary Ford mford@wickedlocal.com

MV break-in

At around 10:30 a.m. on Thursday (Feb. 13), a 49-yearold Cohasset woman went to the police station to report that her 2011 Toyota 4-Runner had been entered while she was parked at Shaw's between 5 and 6 p.m. on Feb. 12. Taken were her purple Coach tote valued at \$300 and an iPad Bluetooth keyboard valued at \$100. Inside the tote were credit cards, paychecks and \$40 in cash, police said. She victim was unsure if she had locked her vehicle; there were no signs of forced entry.

2-car MVA

At 1:08 p.m. on Monday (Feb. 10), police responded to a two-car accident on N. Main Street at Jerusalem Road. Police said a 2009 Nissan Altima, operated by a 32-year-old Cohasset man, was headed south toward the village when struck by a 2012 Toyota Sequoia that was attempting to turn south onto N. Main Street from Jerusalem Road. Police cited the 47-year-old Cohasset woman operating the Toyota for failure to yield the right of way. Police said the Toyota hit the side of the Nissan. Neither vehicle was towed and there were no injuries.

Parking lot

A 79-year-old Cohasset man went to the police station at 2:30 p.m. on Monday (Feb. 10) to report that his 2005 Chevrolet Tahoe had been struck while parked at Walgreen's. The incident was logged for insurance purposes.

Homeless

A 68-year-old man who is homeless and is known to police was given a ride to a family member's home in Scituate after police received several calls about him in the village and harbor area on Tuesday afternoon (Feb. 11). Police said he often takes the train to Cohasset and is not in good health.

Expired registration

An officer pulled over a 2002 Jeep Grand Cherokee, operated by a 68-year-old

Cohasset man, around 5:17 p.m. on Tuesday (Feb. 11) on Chief Justice Cushing Highway (Route 3A) because the registration had expired. Police said the registration expired last September and Scituate Collision towed the Jeep. The driver was picked up by a

Warrant

At the family's request, the court issued a warrant of apprehension for a 35year-old Cohasset man last week due to his alcoholism and could be a danger to himself or others, police said. Police served the warrant and took the man to **Quincy District Court** where the judge and social worker can be sure he gets help.

Warrant arrest

Police served a warrant out of Quincy District Court on Friday (Feb. 14), for Carol J. Slanetz, 56, of 14 Nichols Road, after she failed to appear in court for arraignment on charges of forgery of a document and uttering a false document, police said.

Police sought a criminal complaint against Slanetz following an investigation over an alleged fraudulent submission for reimbursement to the state loan program for residential sewer connections to the town sewer. It is alleged that Slanetz changed the amount of an estimate for driveway paving services, increasing her loan by \$3,000.

Personal vehicle

An officer in in-service training last week reported that his personal vehicle, a 2011 Toyota pickup truck was struck in the parking lot of the Plymouth Police Academy by a 1994 Chevrolet pickup truck. There was minor damage to his vehicle.

Car vs. deer

At 8:31 p.m. on Wednesday (Feb. 12), police responded to an accident on Chief Justice Cushing Highway (Route 3A) near the entrance to the train station involving a 2011 BMW

sedan and a deer. Police said the deer darted out from the trail that leads into Wompatuck State Park across from the station. The BMW, which was being operated by a 25-year-old Weymouth woman, had to be towed with severe damage. The deer had to be destroyed at the scene, police said.

Snowballs

Police ask parents to speak to their children about the dangers of throwing snowballs at passing vehicles. A motorist on Forest Avenue called police at 7:30 p.m. on Thursday (Feb. 13) to complain that youths were throwing snowballs at cars on that road. Police said Forest Avenue is a particularly tricky road and a snowball could easily cause an accident.

Hit & Run

Police have not been able to locate a conversion van that hit a 2013 Toyota Tacoma pickup truck that was legally parked at CVS in Tedeschi Plaza on Friday (Feb. 14) around 1:30 p.m. The van sideswiped the Toyota causing about \$1,000 damage. Video surveillance did not provide enough detail for police to be able to make a positive identification of the van.

Car into pole

During Sunday's snowstorm (Feb. 17), a 2011 Jeep Grand Cherokee, operated by a 39-year-old Cohasset woman, skidded off N. Main Street southbound between the train station and Cedar Street around 4 p.m. The pole snapped in half and the Jeep had to be towed. The driver was not injured. National Grid had to replace the pole, police

Winter parking

Winter parking regulations are in effect through April 1.

No overnight on-street parking between the hours of 2 a.m. and 6 a.m. is allowed during winter parking regulations.

Violators are subject to a fine of \$25.



QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com

Scituate Harbor landmark closing its doors

By Ruth Thompson rthompson@wickedlocal.com

The mere mention of the Front Street shop, the Quarmemories for anyone familiar with the South Shore.

For many people who grew up in the area, or who frequently visited, the Quarterdeck brings them back to their tape." childhoods, and in many instances, remains an important curious, collectible objects local fixture throughout their

It is not surprising that people are saddened by the news boxes and bins, under tables that the shop will be closing its location at the Harbor where it has been for 45 years, effective March 15.

According to Joan Noble, owner of the Quarterdeck, she sold the building three years ago to Mike Bulman and it is now time to relocate. "It's kind of like a divorce,"

Noble said of moving from the building. "You wake up one day and say, 'it's over." She plans to open an an-

tiques shop on Country Way later this spring.

"I originally sold antiques and when my kids went off to college I started going to the Army Navy surplus stores," she said. "Then I found the places where I got all the funky stuff."

The Quarterdeck is known far and wide for its unique array of items and collectibles. Everything from polished to vintage clothes and jewelry, satin purses, knit hats, silk scarves, books, china tea sets, toys and even old postcards and maps can be found in the shop.

"Almost all of my Mother's Quarterdeck," said Pat Brennan Finnie. "In the early

years, I received a multitude of seashells, polished stones and sea glass that had taken hours of careful choosing from the bins and caches at terdeck, conjures up fond the Quarterdeck. Those treasures were carefully set in tiny white Quarterdeck boxes that my children would bring home, and then wrap in gift paper and half a roll of Scotch

Finnie said that the "shiny, seemed like exotic treasure to

"The fun of looking through or reaching high on a wall, just added to the sense that they were treasure hunting."

Allison Crowley Short said she has lots of memories of the Quarterdeck.

"Some include buying a rope bracelet at the beginning of each summer when I was a kid, looking through all the vintage Scituate postcards, bringing our cousins there when they visited from western Pennsylvania," she said. "Introducing my children, as well as my nieces and nephew when they came to visit, to my love of the shop and all the traditions."

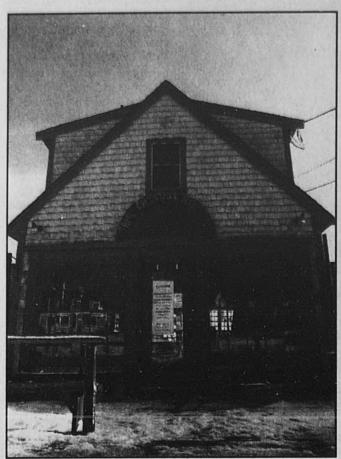
Memories

Noble and her late husband, Roger, moved to Scituate from Quincy in 1951. She has also lived in Norwell, Marshfield and Duxbury.

"I've stayed on the South seashells and precious stones Shore," she said. "It's all home." Originally, the two-story cottage-like building - built in 1939 by Captain Dwyer, Noble said, on a wooden pier over Scituate Harbor – housed a

bait and tackle shop. Noble kept the bait in the Day, birthday and Christmas back of the shop, she said, gifts were purchased at the along with a tank of live lob-

She said she used to go to



The Ouarterdeck has been a fixture in the harbor for 45 years. Owner Joan Noble has decided to close the shop and return to her passion for antiques. PHOTO/NANCYWHITE

"The fun of looking through boxes and bins, under tables or reaching high on a wall, just added to the sense that they were treasure hunting."

Pat Brennan Finnie

New York and to places within a 300-mile radius to buy the unique things that are found in her shop.

"Now everything is on the Internet," she said.

Not only do her patrons have great memories of the Quarterdeck; Noble does too.

She said she has employed about 60 young people over the years that were in high school or putting themselves through college.

MICKED

Jimmy Fund*

She also recalls when her shop was featured in the 1987 film, "The Witches of Eastwick" starring Cher, Michelle Pfeiffer, Susan Sarandon, and Jack Nicholson.

The shop was the scene of the art studio owned by the character played by Cher.

Noble said it came about after she noticed "some guys" walking back and forth in front of the shop.

"I asked them what was go-

were from Warner Brothers," she said. "I thought Steve Building, what would he want? Then they told me they were with Warner Brothers the film company - they were location guys."

scene filmed in the shop was "very interesting."

"It's so tedious to make a I'll wonder how many times they had to do it to get that

scene to be perfected. Noble said the shop was closed during that time.

she did not approach the ac-

Next chapter

As workers begin removing the signs around the shop on Monday (Feb. 17), Noble talked about going back to selling antiques.

'Not high end antiques," she said. "Country antiques."

She said she hopes that her merchandise at the Quarterdeck will all be sold by the time she is ready to close the doors to the Front Street location for the last time.

"It's a great building," she

Bulman is among the growing ranks of those sorry to see

the Quarterdeck go.
"It's really sad," he said. "It was there when I moved to Scituate in 1976."

where she was for as long as coffee and ice cream. she wanted. He also said there

ing on and they told me they are no plans to alter the building; though he said new pilings, were recently installed as a Warner owns the Welch necessity to support the struct

"Since the sign went up on the door that the Quarterdeck would be relocating, I've had, 10 people call me or stop me in Noble said having a movie the street asking me if they, could rent that property," he

He said he would continue film," she said. "I couldn't to own the building and that believe the number of trucks he would be leasing the first they brought in. Now when I floor - where the Quarterdeck see a scene in a film where the shop is housed - to Bill Noosun is seen through the trees, nan, owner of the Lucky Finn. a 68-foot bugeye schooner, who offers a charter service,

"Bill was next in line," he. It took about a week for the said. "He's been patient, and very respectful of Joan."

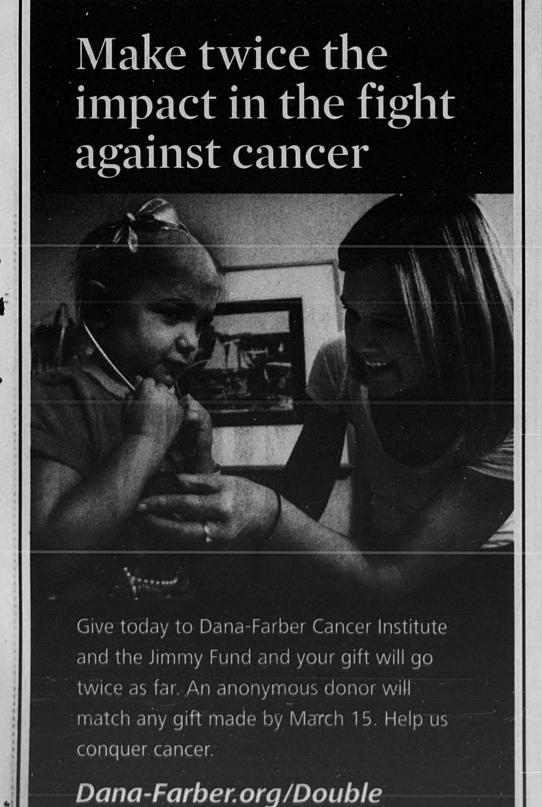
Noonan said while the plans. are still tentative, he would ob-Cher had a trailer across the viously have some sort of office street, Noble said, adding that set up "to direct traffic that will" be coming through for the Lucky Finn."

"There might be a retail component, Lucky Finn related, and I might be putting in a café - serving cappuccino and espresso, desserts and ice cream. I think it will be a good location for that kind of thing. There might also be an art gallery component as well. It's a challenge to do one thing down there, but we'll be blending some things together that will make it work."

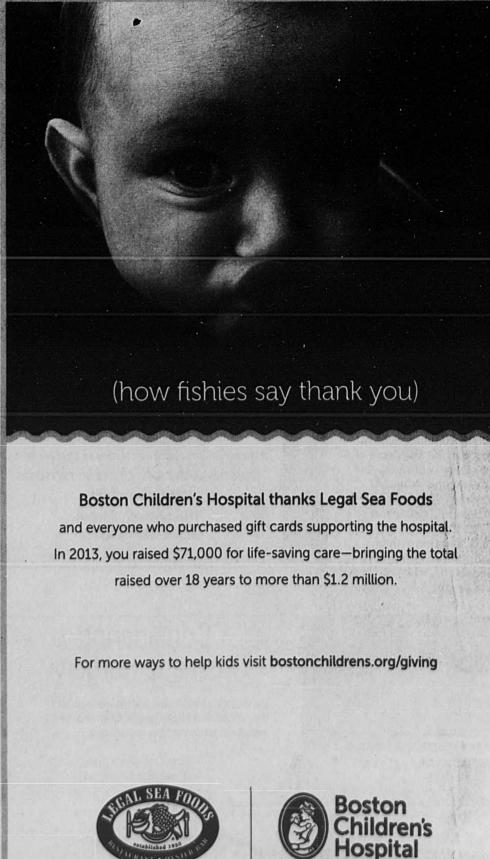
Like Bulman, Noonan said there would be few changes to the building.

"I'll have to do some clean-" ing up inside," he said. "And there will be some modest improvements. Outside, the rail ing needs to be improved and probably brought up to code."

He said he would like to After purchasing the prop- have some small café style taerty from Noble, Bulman said bles out front where people he told her she could stay would be able to sit with their



DANA-FARBER



Until every child is well'

Antique building's fate unclear after fire

By Erin Dale edale@wickedlocal.com

It's time to pick up the pieces after flames engulfed an iconic Cohasset building last week. Owner Karin Gorman said she is looking for a "happy ending" and hopes to raise funds to rebuild the structure, rather than see it torn down.

The Reflections Antique Emporium at 808 Jerusalem Road, a Victorian building known for its distinctive, colorful shingles, was a standout on its spot at West Corner, where the towns of Cohasset, Hull and Hingham meet.

An electrical fire started in the early afternoon on Wednesday, February 13, quickly tearing through the two-story building and burning the roof off. In a mutual aid effort, firefighters from Cohasset, Hingham, Hull, Norwell, Rockland, Abington and more spent around four hours taming the blaze.

While little remains of the building now, Gorman said in a phone call Thursday that she hopes to rebuild.

"I don't want the building torn down if I can avoid it," said Gorman. "The front of the building is intact, so [a buyer] could save the front and still have the character of the building."

However, Building Inspector Bob Egan said that demolition seems to be "the only option." While what remains of the building does not appear to be "in danger of collapsing," according to Egan, there are safety measures that must be taken.

"There's definitely a procedure to be followed, and it has to protect everybody's interest - the owner, town and the public," said Egan. "We can't as a town have unsafe struc-

tures. The historic structure was built in 1900 by Charles West as a general store and served as the tri-town library for Cohasset, Hingham and Hull from around 1910 to the 1980s. It was assessed at \$544,000, according to assessors' records.

Gorman bought the building in 1994 and turned it into her Antique Emporium,

near and far over the course of 20 years. She was planning to close on the building's sale in March.

Now, the owner said that the building's fate is in "limbo."

"I'm sort of stuck between a rock and a hard place," said Gorman.

It is as yet unclear what will happen to the building next.

"Everything is rough right now," the building inspector said. "The weather just turned brutal right after the fire - rain, snow, and temperatures in the teens. Even if there's something in there that can be salvaged, there hasn't been an opportunity to do it."

Gorman admitted that she did not have an insurance policy on the building, and does not know what's going to happen with the potential buyer.

Egan explained that if Gorman cannot afford to have the building demolished, the town could put a lien on the property.

"It's really a shame," said Egan, adding that he feels bad for both Gorman and the future owner, "and the fact that we're losing a little bit of history with such a cool, old building."

Gorman remains hopeful that the building can be saved, putting a call out on the store's Facebook page seeking donations to rebuild. Any money that is raised "will go to that exact purpose," said Gorman. "I'm hoping there are enough people out there who loved the building as much as I did."

Neighbors such as Corner Stop Eatery owner Ron Vale have commented on the building's "iconic" status in West Corner. The building has had a long history in the area. Town historian David Wadsworth said that prior to housing the Antique Emporium, the building housed the Nantasket Library, serving the towns of Cohasset, Hingham and Hull, for over seven decades.

While records state that the structure was built in 1900, Wadsworth believes it was even older than that, cit-

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attracting customers from ing a report that chronicles two women depositing a bag of books at the Charles West general store in 1890. In 1910, the trustees of the Nantasket Library purchased the building from West - for whom West Corner was named, "not because it's the west part of Cohasset," said Wadsworth.

The historian lamented the loss of the antique building. "It's one of the few historical landmark buildings in the area," he said.

Gorman remembers history that goes back even further, however. She learned there was a fire on the spot in 1874, and the current building was erected where the prior one stood. The new building was originally named Phoenix Hall, and was a community center and dance hall before it was a general store and library.

One of the things that remained intact after last week's fire was a mural Gorman had painted. She plans to do another one - of a phoenix rising out of the ash-

"I'm just looking for a happy ending," Gorman said. Look for more on this issue

in an upcoming edition of the Mariner.



The owner of the iconic building at 808 Jerusalem Road that burned last week hopes that part of the antique structure can be saved. STAFF PHOTO/ROBIN CHAN

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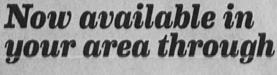
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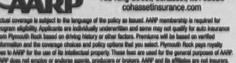
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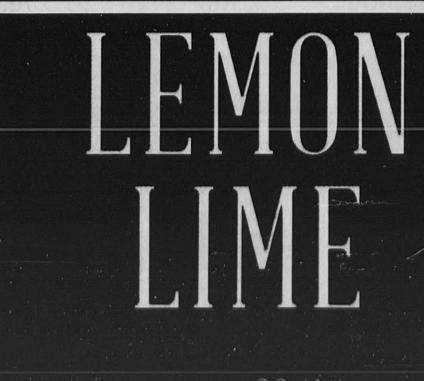
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Millie Devin of Cohasset celebrates 107th birthday



JENNIFER PIEPENBRINK

Warm-up

Hi Cohasset...as the February vacation week is coming to an end for many, I hope that it has been a wonderful week. This weekend is going to warm us up a bit here, melting a lot of the dirty, old snow and giving us all a "glimpse" of Spring to come. Enjoy each day for what it bring, embrace each moment and capture the memories.

Happy Birthday!

Feb. 12, 2014, marked Millie Devin's 107th birthday. She is a young 107year-old woman who attributes her longevity to a healthy diet; she loves vegetables and regular exercise. She quips that most importantly — she has not had any children to bring stress into her life!

Millie has become a fixture in the community at Sunrise of Cohasset. Independently moving around she can be seen strolling through the halls, drinking a cup of coffee, participating in activities and chatting with friends. Millie is a resident who takes great pride in her personal appearance. She is never without her signature black purse wherever she goes. One of her favorite activities is going on historic scenic rides.

Plymouth State

Hats off to Andrew Smith of Cohasset, who has been named to the Plymouth State University president's list for the fall 2013 semester.

To be named to the president's list, a student must achieve a grade point average of 3.7 or better for the fall semester.

Polar Plunge!

The 2014 Polar Plunge for Special Olympics is here, happening tomorrow. It's the 16th Annual Polar Plunge for Special Olympics Massachusetts (SOMA)! If you're looking for a great event to take part in, or to go watch and cheer on the Plungers, this is it! There's a costume parade at 11:15 a.m., followed by the mad dash of the plungers into the surf at noon at the Mary Jeannette Murray Bathhouse on Nantasket Beach!

The organizers expect some 600 plungers who, along with 500 others plunging simultaneously at Revere Beach, hope to raise over \$400,000. The Plunge is SOMA's biggest fundraiser. As Special Olympics does not charge the athletes or their families to participate, these funds are vitally important in providing yearround training and 130 competitions in 24 sports for 13,000 athletes. They range in age from two (Young Athletes Program) to one hundred (he still com-

Jay Nothnagle, plunging for his 14th time, is an athlete and Captain of the South Shore Mariners Team of 31 Plungers including Cohasset residents: Connie Afshar, Barbara Canney, Doug Cham-berlain, Kit Coffey, Jessie MacDonald, Steve Myers, Jeff Nothnagle (Past Board Chair), Pat Plante, and Doug Yeager. Alyssa Campbell, and Charlotte, Graham, and Nick Sida will plunge with

petes in Senior Sports!).



Millie is pictured with her niece, grandniece, and great-grandniece - four generations. From left: Marianne Moore, Christine Leighton and Marion Leighton. COURTESY PHOTO

the Freezing Friends.

The funds raised come back to the local Mariners program, which has 90 athletes from age 8 to 66 from seven South Shore towns from Milton to Duxbury. So 'come on down" to Nantasket Beach tomorrow (Feb. 22nd) and please support the athletes with a pledge! You can do this by bringing a check for your favorite plunger, payable to Special Olympics, or on-line at [SpecialOlympicsMA.org/sp onsorplunger] the secure site. The weather forecast is looking great. If you're brave enough, you can still plunge — you can register at the beach tomorrow! Thanks in advance for your interest and support for this wonderful organization that

builds self-confidence,

Movie night The Cohasset Democratic **Town Committee Movie** Night is happening on Feb. 28 at 7 p.m. The next presentation by the CDTC for its monthly movie night will feature "Do the Math." In this documentary, environmentalist and founder of 350.0rg, Bill McKibben, speaks to the impacts of climate change and advocates actions which can be taken to turn the tide and help slow the earth's warming. The movie will be shown at 7 p.m. at the Paul Pratt Memorial Library, 35 Ripley Road. Movies are free of charge and refreshments are served.

Holly Hill

There are lots of wonderful things coming up at Hol-

ly Hill Farm, 236 Jerusalem Road, in the near future! Come join them for a composting workshop and summer camp! A Composting Workshop is being held on Saturday, March 1 from 10 a.m. to noon. Come to Holly Hill Farm for an informative workshop that will cover the basics of making an indoor compost bin using red wiggler worms. These amazing red wigglers can eat half their weight of kitchen food scraps per day creating a special compost that gardeners love. If the weather allows, you will also step outside to learn about making compost in your backyard. Space is limited so please call 781-383-6565 to pre-register. Cost is \$12 per person for Friends of Holly Hill Farm members (\$24 max per family), \$15

bers (max \$30 per family). For directions and more information, visit: hollyhillfarm.org.

It's time to sign up for Summer Camp at Holly Hill Farm. They offer fun farming, gardening, and nature exploration programs for children ages 3 18 from June 9 through August 15. Other programs include cooking using farmgrown produce, art on the farm, designing and building small items such as bird and bat houses, and "Drama on the Farm" where campers will create and present their own play on the farm. There are exciting opportunities for teens to grow food to sell at the Cohasset Farmers Market, and a free community service program for older teens to grow and harvest produce to be donated to Father Bill's Place in Quincy. They guarantee your children will come home dirty and happy! Complete information and registration forms are available at: hollyhillfarm.org.

That is the news for this week Cohasset. Send in all your news, photos and celebration info to me no later than Tuesdays by 5 pm.

Just an FYI. We receive dean's list and honors notices from many colleges and private schools, but not all. If your son or daughter has earned recognition, please share that news directly with us!

We also LOVE new baby announcements with photos if possible. Need birth date, weight, length, names of siblings, parents and grandparents. Emailed photos are fine but glossies can be dropped off at Tedeschi's in the village in our Mariner drop box.

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Jeffrey Bolster pens story on North Atlantic

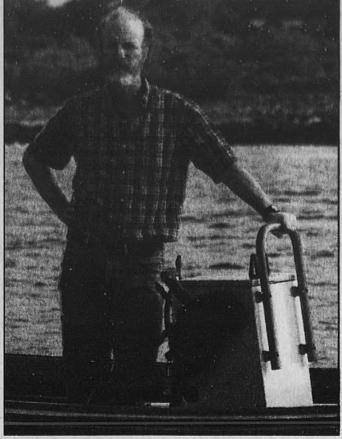
By Marylou Lawrence Special to the Mariner

The next speaker at Sunday AuthorTalks, Jeffrey Bolster, has written an invaluable book. It's a sea story, a history of the human impact on one of the largest ecosystems in the world. It's the story of the North Atlantic Ocean, from Cape Cod to Newfoundland, and the people who have depended upon this area for survival.

Bolster will speak about his book, "The Mortal Sea: Fishing the Atlantic in the Age of Sail," at 4 p.m., on March 2, at Paul Pratt Memorial Library. His narrative begins with the Vikings more than a thousand years ago but primarily focuses on the four centuries from 1520 through 1920, when industrialized fishing began its merciless assault, accelerating even today, on the fragile balance of life in the sea.

Over-fishing is not a contemporary problem, according to Bolster. "By the time of the inauguration of George Washington, the large marine ecosystem between Cape Cod and Newfoundland had been reshaped by localized depletions, range contractions and near extinctions." Bolster's book blends marine biology and ecology and provides a cast of characters that narrate their own stories of the interdependence of ecology and humanity. Contrary to some of the great writers and scientists of the past who invoked images of an immortal sea, Bolster cites historical evidence that humans have the ability to bring "the living ocean to its knees."

...In the age of sail, every cod yanked from the hook had a coin in its mouth," but today 90 percent of the world's big fish have gone and no part of the living ocean has escaped the human hand. Herring, cod, mackerel and halibut, whose abundance once defied imag-



Jeffrey Bolster will speak about his book, "The Mortal Sea: Fishing the Atlantic in the Age of Sail," at 4 p.m., on March 2, at Paul Pratt Memorial Library. COURTESY PHOTO

ination, are now in danger of depletion. In his preface, Bolster said, "this is a big story we can have no idea of the magnitude of the restoration challenges we face." Invoking Joseph Conrad, he continues, "My task is...by the power of the written word to make you hear, to make you feel - it is, before all, to make you see." And so he does - with a mix of reverence, passion and history - with objective analysis of scientific data, excerpts from old mariners' journals, laws passed and revoked according to the political whim of the times and throughout his story looms a recurring image of the sea, a sea both fecund and barren.

Bolster is a professor of history at the University of New Hampshire. A historian, professional seafarer and master mariner, he also worked for a decade on fishing boats and sailboats. His book, "The

Mortal Sea," won the 2013 Bancroft Prize in history. To hear more about the back story to the book and a discussion of its contents, visit Bolster's publisher, Harvard University Press, which provides several links to interviews with Bolster including one with Paul Kennedy on CBC and Tom Ashbrook on WBUR.

For more conversation with professor Bolster, a wine and cheese reception will follow his talk; Buttonwood Books will provide copies of his book for purchase and signing. Admission is free but come early to be sure of a seat. For more information, visit cohassetlibrary.org or call the library at 781-383-1348.

Sunday AuthorTalks is sponsored by Dean and Hamilton Realtors, the Cook Estate, and A Taste for Wine and Spirits.

GIMME SHELTER



Piper is a beauty with golden green eyes and freckles on her nose. COURTESY PHOTO

Piper is positively precious!

PAULA J. FATERSIK

How could you not fall in love with this face? Oh my, the golden green eyes, the precious freckles on her nose, Piper is just adorable in every way. Somewhere, there is the perfect home for this purrfilled feline with the positively precious face. And some lucky adopter is going to enjoy the companion of a lifetime.

Piper is about two years old and she no doubt had a good home but ran up against hard times. Her friendly personality and love of attention and petting says it all. She was loved. How wonderful is that? From her freckled nose to the tip of her copper tail, Piper is just a delight. Now we are hoping to find the right forever family so that she can bring her Calico presence in, and flourish with them.

You will find that she is a very playful girl as well. Piper absolutely adores attention and when playtime is involved, bring on the wand toys and stuffed mice and she will be totally entertained and happy to show you her fun side. Really, Piper is one wonderful kitty and she is going to make someone's house a real home with her feline intrigue and winning ways.

Please call Judy, Adoption

Piper is one wonderful kitty and she is going to make someone's house a real home with her feline intrigue and winning ways.

Coordinator, at 781-534-4902 for more information on our pretty Piper. She is so deserving of the most loving and dedicated family and home.

Morning Open Hours have been added on Thursdays from 11 a.m. to 12 noon! If this fits your schedule please come in. We are located at 50 L St. Our standard Open Hours are Monday evenings from 6:30 to 7:30 and Saturdays from 2-3 p.m. You can see more of our wonderful adult cats and kittens who are waiting for their best match and home by visiting www.HSAR.org and

clicking on Available Pets. On Petfinder.com you will see more photos and information. Just enter our zip code, 02045. Please check out Facebook page as well for updates and photos.

We have had some fabulous adoptions recently! Our Helen, who had been trying hard for nine months but was not chosen, has found her forever home and she is one happy cat. Another of our residents, Cindy, who waited over a thousand days, is now sleeping at the foot of her owner's bed and getting plenty of exer-

cise running up and down the stairs of her new home. The simple things that shelter cats miss so much are appreciated a hundred times over when they finally find an open heart and get the chance to belong again in a loving and patient home. Thank you to all of our adopters who go out of their way to make life better for our homeless kittens and cats. Love abounds on all sides.

As we continue to experience brutal temperatures and frequent snowstorms, please keep an eye out for any animals who might be in need of rescue. Frostbite is an unfortunate reality that we see too frequently. Not every animal survives it. Keeping cats indoors is always the best idea, especially now. It also helps to keep the feral population from increasing. We see too many babies having babies and it is heartbreaking when some are lost. Amazingly, even in February, kittens are still appearing at our door.

Paula J Fatersik is a volunteer and feature writer for Hull Seaside Animal Rescue and can be reached at pjfatersik@gmail.com.

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John Sachetti, left, health insurance broker, with his client Gerald Walba, owner of Plaza Catering and Discovery Cafe, Boston

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Mahealthconnector

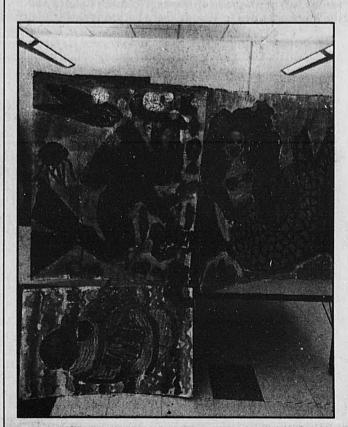
Ask your broker about the Wellness Track Program at the Health Connector.



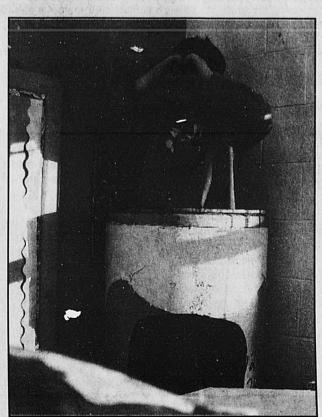




Fourth-grader Viola Henry gets behind the wheel while directing the yellow submarine.



Clockwise from bottom, Kalea Mills, Ben Weissensee, and Gabrielle Henry pose behind cutouts of sea life that the yellow submarine would find underneath the surface of the water



Fifth grader Andy Collins pretends to use binoculars while standing in the periscope of the yellow submarine.

RISE

Continued from 1

"We haven't watched the cartoon," said Griffiths. Regardless of whether

they might be budding Beatles fans or not, it seems that the students are getting a kick out of the submarine.

Fourth grader Sara Cullinan, 9, said that she likes going "under the sea" via a computer inside the submarine, which "shows a video of someone going through the ocean, looking at all the fish."

Third grader Ben Weissensee, 8, also likes playing in the submarine and has fun "learning about the ocean."

Fiola Henry, 10, a fourth grader, has enjoyed using the submarine as a hiding place. "We can peek out and look at what the [other] kids are doing," she

Henry also likes pretending that she is manning the submarine and looking out for sharks. "Is there a shark on starboard? Yep... How about on port? We're surround-ed!"

It's this kind of imaginative play that Griffiths likes to foster at RISE. Griffiths, who has coordinated before and after school programs in Hing-ham and Cohasset for 16 years (she has spent the past decade working in Cohasset), said that she wanted to work as an educator outside of the traditional classroom environment. RISE gives her that opportunity.

I felt I could enrich children's lives and character development" without continuing to work as a teacher, said Griffiths, who previously taught second

grade in Hanover. RISE represents "everything I wanted to do... It's a wonderful program for chil-

dren and their families." Griffiths, along with fellow Rec. staffers Marie Dunkelberger and Pam Turpel, provides a place for children to finish up homework, create arts and crafts, or play and socialize

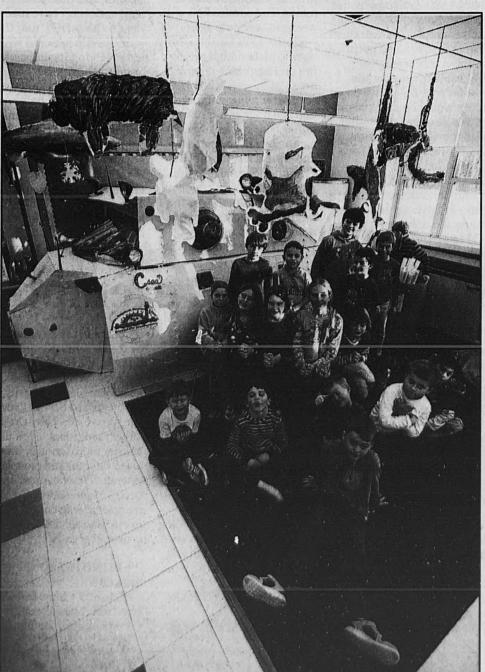
with their friends while they wait for class to start in the morning or for parents to pick them up after school.

"We have a nice balance academically," said Grif-

Next up for RISE? Griffiths is dreaming up a big tree inspired by the Hobbit, which she plans to

erect in early March. While the tree will lead to some talks on "what happens in spring," Griffiths said students will also get to learn about some fantastical subjects, from hobbits and gnomes to fairies and elves.

Look for more on this in an upcoming edition of the Mariner.



Children pose in front of the yellow submarine that Grace Griffiths constructed over the course of a few days for the RISE program.

Staff photos by Robin Chan

ANNUAL EVENT IS APRIL 6

Road Race by the Sea

On Sunday, April 6th, a 38-year-old Cohasset tradition continues with the running of the Cohasset Road Race by the Sea 10K presented by Rotary Club of Cohasset. For some runners, it's the first race of the season and for others, it's their last warm up before the Boston Marathon. No matter what your reason, the views and the fact that all net proceeds go to charity is reason enough to lace

Registration is now open. The 10K race begins at 1 p.m. The Fran Coffey Memorial Walk, which takes place on the same day, begins at 10 a.m. at Sandy Beach parking lot. The

walk follows the road race; route however it starts and ends at the beach.

The \$30 registration fee will increase to \$35 on March 15th, so avoid the fee and ensure the fun. E-math roadracebythesea@gmail.com if you're interested in sponsoring or volunteering.

The Rotary Club of Cohasset would like to thank 2013 Banner Sponsors, RW Rosano, Graham Waste Services, ColoSpace, Subura ban Contract Cleaning, Inc. and Pilgrim Bank for their generosity and partnership

Register at roadracebythesea.com "Like" us on facebook.

ADCOM

Continued from 1

cuss "the implications of the new town hall group's efforts to rebuild and how that will affect" getting Cohasset up to a triple A rating. Doing so "would allow for the lowest The Mariner.

possible interest rate Pescatore explained.

At the next meeting, Advis sory will also conduct a "rou tine review" of the year-to-date financials, said Pesca

Look for more on this issue in an upcoming edition of

SAT prep registration

Registration has begun for the SAT prep program through Episcopal City Tutoring (ECT), which begins it sessions on Feb. 24 and runs through April 24. Tutors meet individually with students in the "Watermelon Room" at St. Stephen's Episcopal Church, 16 Highland Ave. A second session is scheduled for March 24 through June 2.

Tutors are qualified educators with experience to help students prepare for standardized tests. The one-on-one approach allows teachers to focus on a student's unique needs and challenges, and communicate the most helpful

strategies in a way that makes sense to the student.

The program provides students with nine, 90minute tutoring sessions. The cost is set affordably at \$85 per session. The prep course curriculum is non-religious and focuses only religious and focuses only on SAT preparation for English and math. A student or family need not have any church affiliation to register for classes. Interested families can go to episcopalcitytutoring.org for more information on registration, or contact ECT Cohasset Site Manager Stephanie Sears at stephanie.c.sears@gmail.co m or 413-329-8291.

OBITUARIES

Obituaries appearing in this section are paid for and written by families often through the services of a funeral director.

Goodwin Schramm

COHASSET - Goodwin set Yacht Club and The Can Schramm (known as Tim), 76 of Cohasset died February 11, 2014 peacefully in his home surrounded by his family.

Mount Lebanon, PA, son of George N. Schramm of Cumberland, Maryland and Pauline Hill Schramm of East Liverpool, OH.

Tim received his undergraduate degree from Denison University and Masters in Business Administration from Columbia Business School. After receiving his MBA Tim began his career at Grey Advertising in New York and went on to be an executive for The Gillette Company in

Boston, MA.

Tim lived in Madrid, Spain for 10 years where he met and married his wife, Carmen Pena Moller, in 1971, followed by two years in Connecticut before settling in Cohasset. Tim enjoyed traveling, gardening and spending time with his family both in Cohasset and in Sanibel, FL, and was a member of The Cohas-

tiva Island Yacht Club.

Tim is survived by his win Carmen, daughter Ellen and husband Kyle Hublitz of Fair Tim was born and raised in field, CT and daughter List and husband Peter Buckle of Scituate, MA, brothe George N. Schramm Jr. an wife Joan of Lake Wylie, S and sister Debbie and h husband Bill Brewster Trumbull CT, five grandsor Finn and Luke Hublitz, arm Andrew, Oliver and Cole Buck ley and many nephews and nieces both in the US and Spain.

A Memorial Service will be held in Tim's honor on February 27, 1:00 pm at St. Anthony's Church in Cohasset, MA.

In lieu of flowers, donations can be made to The Lustgarten Foundation, support-Pancreatic Cancer Research, 1111 Stewart Avenue, Bethpage, NY 11714 or by going to

https://www.lustgarten.org/ donate. McNamara-Sparrell, Cohasset-Norwell, 781-383-

How to Submit an Obituary to the Weekly Newspapers

To contact our obituary department, please e-mail

obits@wickedlocal.com

call 781-433-6905

Fax 781-433-6965

Obituaries for the weekly newspapers are taken at the Randolph office Monday through Friday.

Please Call for Deadline Details

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com

OUR VIEW

Selectmen's race is shaping up

When three candidates take out papers (two of whom are seeking reelection) on the very first day that nomination papers become available - then one can be assured: this is going to be an exciting election season, at least for the Board of Selectmen.

There are two seats on the Board of Selectmen up for grabs with currently a potential three-way race for those seats. Fred Koed is seeking a sixth term, Diane Kennedy her second, and Kevin McCarthy is running for his first term. There is still time for others to throw a hat (or hats) into the ring as candidates have until March 20 to obtain nomination papers. Last day to submit nomination papers with signatures to the Board of Registrars for certification is Monday, March 24.

We won't start our Question of the Week for candidates in contests until the week after the deadline to return nomination papers has passed.

However with this much early excitement — it is a good time spell out some rules about getting candidate news into the Mariner.

Every candidate (opposed or unopposed) may submit a formal statement announcing his or her candidacy along with a photograph. There is no word limit for the formal statements but if the announcement is overly long, it might have to be held a week for space purposes.

In the past we have limited "Candidates Corner" to 150 words for announcements of coffees, campaign events, fundraisers, or short statements on the issues each week. This year, we've decided to increase that to 175 words - giving candidates a little more wiggle room to express themselves. Candidates corner is also open to all candidates, opposed or unopposed.

The best way for candidates to deliver their news to the Mariner is via email to editor Mary Ford at mford@wickedlocal.com; by fax at 781-741-2931, or by dropping off their responses at the Cohasset Mariner office in the Hingham Journal Building, 73 South St., Hingham Square. However they choose to deliver their answers, candidates should adhere to the noon Wednesday deadline for that week.

The Mariner will not accept letters to the editor from candidates or letters endorsing or attacking particular candidates. The Mariner will publish letters about campaign issues from citizens not seeking election.

We welcome suggestions for our Questions of the Week; suggestions can be sent to Mary For at: mford@wickedlocal.com

We hope more candidates will "pull" papers for a range of offices. Competition for the "people's seats" generates debate and helps air the issues. It takes a good dose of courage to run for office and a great deal of commitment to serve. We applaud all those who step up to the plate with the best of intentions to serve the town they call home.

COHASSETOMAR

GateHouse Media, 73 South St., Hingham, MA 02043 cohasset.wickedlocal.com



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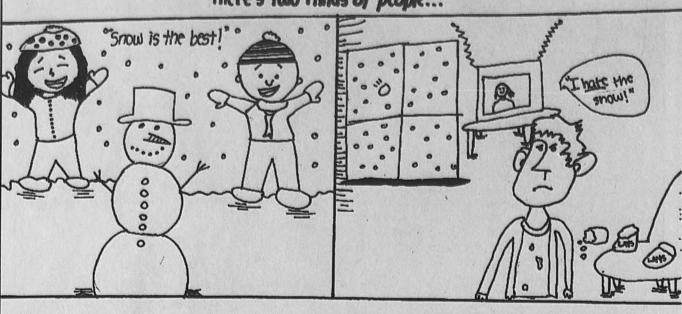
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The Cohasset Mariner is published weekly Friday by GateHouse Media, 254 Second Ave, Needham MA 02494. Periodical postage paid at Boston and additional mailing office. \$62 in town for one year. Call circulation department, 1-888-MY PAPER (888-697-2737) to subscribe or report delivproblems. POSTMASTER: Send change of address notice to Cohasset GateHouse Media NE, 400 Crown Colony Dr, Quincy MA 02169.

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There's two kinds of people...



Editor's note: Our cartoon this week was a collaborative effort by two ninth-grade students, Elizabeth Coletta and Charlotte Marcelli, at the high school. In the weeks ahead, the Mariner hopes to include more cartoons and student art in this space on our editorial page.

LETTERS TO THE EDITOR

No to weekend Greenbush service

Editor's note: This letter was in response to our recent editorial supporting the return of weekend rail service. The letter also appeared in the Hingham Journal earlier this month.

As one of the founders of AfTA (Advocates for Transportation Alternatives) who long opposed the restoration of the Greenbush rail line, I am the first to acknowledge that now that the line is here, it should be utilized by all those who would otherwise drive their cars to Boston - with the exception of those who take the commuter boat and the 220 bus.

However, as desirable as the restoration of weekend service may appear, careful consideration should be given to the following:

First is the cost. The T's financial straits today are due in part to the excessive cost of both the building and the operating expenses of the Greenbush line as well as to its debt service. When you factor in the lower-than-projected ridership, the cost per rider is the highest by far of all the lines in the MBTA system.

 There are many factors that go into determining the cost per rider of a commuter rail system, but if Greenbush is unable to run at a profit with its daily average of 2,133 riders, the per-ride cost for a mere 300 weekend riders would be much higher. Per Senator Bob Hedlund each day Greenbush runs, the T loses \$30,000. If one divides that cost by 300, then each one of those riders would be subsidized with \$100 of taxpayer money at minimum. Of course, weekend service would not utilize as many trains as weekly

service, but still the cost of each ride would be sizable and I doubt a weekend rider would be willing to pay the true cost of a trip to Boston out of his or her own pocket. However, it should not be lost on those riders that someone else is footing the bill for their convenience.

 Second, one of the original AfTA goals was to provide a voice for the many South Shore residents who were impacted by trains running through their neighborhoods, some of which literally ran within feet of their homes. The T's decision to stop weekend service has no doubt been welcome news to those neighborhoods. At least they are now train-free on the weekends when residents are more likely to be at home with their families. As one of their fellow residents, I would be hard-pressed to wreck that peace and quiet just so I could have a more

convenient trip into Boston. • Third, one of the original objections to the rail line restoration was that it ran through the center of Hingham's historic district. Granted the tunnel was a godsend in this respect, but nevertheless the original sin of violating the rest of our pristine historic district remains. The elimination of weekend service is again welcome news for those of us who place a high premium on Hingham's historical heritage.

 Lastly, let us not forget that the train and the commuter boat system are unfortunately in competition and were it not for the intervention of Senator Hedlund and his unwavering support of the commuter boats, the T might long ago have terminated its support of the boats in order to drive more

riders to the train. If anything, those who would like a more convenient trip into Boston on weekends might consider pressing the boat owners to operate a scaleddown weekend service, which would get them to Boston and back for a fraction of the cost of going by train and without impacting the lives of their fellow citi-

Michael Weymouth, 29 Water St., Hingham

Weymouth's letter misses the mark

Editor's note: This letter is in response to Michael Weymouth's letter that first appeared earlier this month in the Hingham Journal. Mr. Prone's letter ran in the Journal the following week. Because of the regional interest in Greenbush, both letters appear in this week's Mariner.

Michael Weymouth's letter "No to weekend Greenbush service" misses the mark by rekindling stale 20-year old train vs. ferry arguments. This is about bringing back the trains with changes to the fare structure and schedule. The coalition of individuals, legislators, and nine towns (and counting) have made it clear to MassDOT that they want service restored with the following incentives to build the business:

 Waive the parking fee on weekends and holidays. Stuffing four \$1 bills into well worn slot is time consuming, awkward, and annoying.

 Restore family fares, eliminated a few years ago. The price of a roundtrip for a family of five from Greenbush to Boston rose from \$31 to \$90. The T's message

to the public? Drive your car; we don't want your business.

 Push back the last South Station departure to around 11:30 p.m. Unlike most commuter rail lines, we on the South Shore can't enjoy evening entertainment in Boston because the last train leaves at 10 p.m. weekdays and 11 p.m. weekends.

 Advertise and promote the service. This region went 48 years without trains, and the car culture has had two generations to become fully engrained. Presently, there is a South Shore businessman willing to offer the MBTA \$50,000 worth of free advertising if the trains are returned with these changes.

The T must realize that every empty seat on a bus, train, trolley or ferry translates into lost revenue. Fare hikes are not the answer on commuter rail. Los Angeles Metrolink offers a \$10 weekend day pass good anywhere on their 525-mile system, with free parking and free transfers. Chicago's Metra-Rail advertises a \$7 pass good all weekend for unlimited travel; and New York's Metro-North and Long Island railroads offer 25 to 30 percent discounts for all off-peak travel, seven days per week.

The bottom line is that the T built two state-of-theart rail lines on the South Shore, and — like this holiday weekend - the trains will lay idle from Friday night until Tuesday morning. The trains are here to stay; making them affordable and convenient is the coalition's goal. South Shore residents deserve nothing less.

Richard S. Prone, 606 Mayflower St., Duxbury

Real estate tax exemptions

The Cohasset Board of Assessors Office is accepting applications for fiscal year 2014 real estate tax exemptions. The qualification date is July 1, 2013 for all statutory exemptions. The deadline for filing is March 31, 2014. If you have filed for exemption since July 2013, it is not necessary to file again. The following exemptions are available:

• PERSONS OVER 70 YEARS OF AGE: \$2,000 OFF

Clause 41C - if annual income is less that \$18,000 (single person) or \$23,000 (married couple), and the value of your assets, excluding your

home, is less than \$33,000 (single person) or \$35,000 (married couple) and must own and occupy for previous 10 years.

• SURVIVING SPOUSE (no age requirement): \$850 OFF

Clause 17D - also minors of deceased parents and persons over 70 years of age. There is no limit on income, but the value of your assets, excluding your home, must not exceed \$40,000 and must own and occupy for previous five years.

• DISABLED VETERAN: \$800 OFF

Clause 22 - At least 10 per-

cent disabled as determined by the Veterans Administration. Purple Heart Award recipients qualify, as well as Con-gressional Medal of Honor, Distinguished Service Cross, Air Force Cross, Navy Cross. Other exemptions are available for more seriously disabled veterans and paraplegic veterans. Veteran must have been a Mass resident 6 months prior to enlisting OR live in Massachusetts for five consecutive years.

• BLIND PERSON: **\$875 OFF**

Clause 37 - Must be registered with Massachusetts Commission for the Blind.

TAX DEFERRALALLOR

PART OF THE TAX

Clause 41A - Applicant must be 65 years of age as of July 1, 2013 with income less than \$51,000 and must have resided in Massachusetts for

the preceding 10 years. All or part of the tax may be deferred. (Effective 2007 the interest rate has been reduced to 4 percent)

Exemption forms are available at the Assessors' Office in the Town Hall (Floor 2B). For additional information, please contact the Assessors' Office at (781) 383-4114 x124.

DON'T MISS THIS

'LOVE' exhibit at Art Center

South Shore Art Center is presenting a national juried exhibition titled "LOVE" in

the Bancroft Gallery through March 23.

The juror for the exhibition was Eric Aho, an American painter whose work is included in the per-

manent collections of the Fine Arts Museum of San Francisco; Museum of Fine Arts, Boston; among others. Gallery hours are 10 a.m. to 4 p.m., Monday through

Saturday, and noon to 4 p.m., on Sundays. For more information, call 781-383-2787 or visit www.ssac.org.

Engage the brain, slow memory impairment



ALICIA SEAVER

sion of dementia.

Studies have long suggested the power of brain exercises to maintain and even improve cognitive functioning as we age. And in particular, researchers have demonstrated time and again that mental stimulation can help delay the onset or slow the progres-

What's more, brain exercises can have lasting effects, helping people maintain reasoning skills and their ability to quickly process new information for up to a decade - according to a recent study from the National Institutes of Health and the National Institute on Aging.

With this in mind, it's important to help people with memory impairment stay mentally engaged. This goes beyond brain puzzles and teasers. From singing to painting to exercising, there is an array of activities that can help stimulate and exercise the brain.

In particular, I've found writing to be an effective method. I host a monthly journaling group with early-stage memory-impaired residents at Bridges by EPOCH at Hingham and the results are stunning. Writing helps them tap into their memories and articulate their frustrations with having memory impairment. It allows them to express themselves in a way they can't always do aloud. What's more, it helps them maintain their writing skills - while you and I might take something like composing a complete sentence for granted, it can be a de if you have demen tia. The journaling group helps them hang onto those skills for longer.

Offering people with memory-impairment ongoing learning opportunities is another excellent way to keep the brain engaged. Whether participating in a history discussion, watercolors class or museum

I host a monthly journaling group with early-stage memory-impaired residents at Bridges by EPOCH at Hingham and the results are stunning.

tour, learning a new skill or subject is something that helps enrich your life, no matter who you are. And if you have dementia, it can slow the progression of your symptoms.

This month, we have begun hosting science labs for our residents. One experiment will give them the opportunity to grow crystals themselves, as well as to learn about the properties and history of crystals for healing purposes. We'll do another lab where we'll observe caterpillars growing into butterflies, and discuss the process of metamorphosis.

Every day, our residents tell us how much they love educational events and frequently ask for more - they love learning something new, learning more about an old passion, or remembering where their passions lie. When we invite local professors and experts to Bridges to discuss World War II, for example, residents light up. And what's truly incredible is that they often recall these events. They'll approach me and say, "That history lecture yesterday was really something, wasn't it?"

I've seen first-hand the positive impact a calendar full of diverse, enriching activities has on seniors with memory impairment. They're vibrant. They remember better. You can even kick start the memory of someone whose dementia has advanced to the later

Just recently, for example, to the deCordova Sculpture Museum in Lincoln. One of the residents who came along used to work at the museum, but her dementia has progressed farther than most and her family didn't expect her to remember. Yet, once the museum was in sight, she yelled, "Hey! I used to work here!" As we

walked around, she excitedly told everyone all about the different sculptures. I cannot tell you how incredible and touching it was to see her light up as the memories came flooding

People often write off someone whose dementia is more advanced - or sometimes, someone who just has dementia, no matter what stage in their progression. But it's so important not to. Instead, offer them opportunities for engagement. What's more, allow them do as much for themselves as they can. If they can make their own bed, let them do it. Although most of us engage in such day-today activities on autopilot, they require a unique skill set we all had to learn once, a skill set that requires us to make certain connections in our brain, to remember how to tuck in the sheets or fold a blanket. As soon as you start taking over these things, small as they seem, you compromise the ability of someone with dementia to do it for themselves.

The point is to do anything and everything to keep the brain engaged. Never underestimate the value of doing things for yourself, of participating in stimulating activities every day, and never underestimate someone with dementia. I'd bet anything they'd surprise you.

Alicia Seaver is the executive director at Bridges by EPOCH in Hingham. She has 20-plus years' experience in senior care and is certified by the Massachusetts Alzheimer's Association as an Alzheimer's/dementia trainer, support group facilitator and memory impairment specialist. She studied psychology at Springfield Tech-nical College and Manatee Community College.

VIEW FROM THE FRONT PORCH

Inconsistency equals unsafe school zones



JOHN MCSHEFFREY

Stick with me on this one, I promise it'll be interesting. I'm going ask a few questions but I will not be keeping score of your answers. If I was, I am pretty sure the Town of Cohasset would get a failing grade.

First question: Have you ever driven up (or down) Sohier Street or Pond Street? I am going to assume that most of you have, given that they are two of the main connecting roads between Route 3A and Main Street. OK, the next question isn't as easy.

Second question: Have you ever heard of the National Institute of Standards and Technology (NIST)? NIST is a pretty interesting governmental agency, responsible for ensuring uniformity throughout the United States in commercial standards such as weights and measures. NIST is the agency that makes sure that a gallon of milk is equal in size and weight from coast to coast. It sounds almost foolish, but imagine if a gallon of milk were different in size depending on what state you were in; life would be a bit chaotic.

Much like that gallon of milk, when it comes to traffic safety, conformity is also a must. The responsibility for traffic safety standards belongs to the Federal **Highway Administration** (FHWA). To ensure that signage and traffic rules conform to a nationwide minimum safety standard, FHWA developed the Manual of Uniform Traffic Control Devices (MUTCD). With three acronyms in two paragraphs, hopefully I haven't lost you, because it's about to get interesting.

The FHWA's website states, "(the) Manual on **Uniform Traffic Control** Devices defines the standards used by road managers nationwide to install and maintain traffic control devices on all public streets, highways, bikeways, and private roads open to public traffic." Delving in a bit deeper, Section 7B.15.07, which defines school zone safety states, "The beginning point of a reduced school speed limit zone should be at least 200 feet in advance of the school grounds, a school crossing, or other school related activities." This leads to the third question.

Third question: Based on what you just read, answer the following to the best of your ability. If the MUTCD states that the minimum standard for a reduced speed zone should be "at least 200 feet in advance of the school grounds, a school crossing or other school related activities," and a school has two separate entrances that are used by buses and parents dropping off and picking up students, where should the school zone start? A) 200 feet from a school crossing, B) 200 feet from the edge of the school grounds, C) 200 feet from other school related activities or D) the

the roads presents questionable lines of sight for drivers. option that provides the

The only apparent consistencies between

unloading students and the hilly nature of

the two school zones are that they both

have dual entrances for loading and

best safety for the school? Which answer did you choose? Given that I am the professor here on the porch, if you chose "D," you passed the quiz. OK, so "D" isn't listed in the minimum standards, however it is the correct answer, because for our purposes it provides the ability to evaluate which of the three choices provides the best safety for the students. Don't ask me which of the choices Cohasset utilizes for our schools because I believe the answer is, E) none of the above.

This brings us back to Sohier and Pond streets. Aside from both being hilly residential cross streets, they're also the streets with Cohasset's two school zones -Deer Hill and Osgood schools on Sohier, and the Middle-High school complex on Pond Street. Unfortunately, unless I am completely missing something, the traffic safety zones around both schools are inconsistent and dangerous.

The only apparent consistencies between the two school zones are that they both have dual entrances for loading and unloading students and the hilly nature of the roads presents questionable lines of sight for drivers. Unfortunately, there are significant inconsistencies between the two zones such as: Crosswalk markings, school zone distances, types of signage, support for traffic personnel and the differences between what entrances are being used for loading and unloading students.

On Pond Street, if you are coming up the hill from Route 3A, you'll find the cross walk for the students to be marked but it's well before the designated school zone, which basically means the kids are on their own. On the right, roughly 200 feet from the main entrance to the school is school zone sign with the proper information on it. The main entrance is on the left at the crest of the hill and is the entrance parents utilize for drop offs and pickups. A few hundred feet further is another crosswalk, which is right next to the side entrance that the buses and students with cars use. This lower entrance is the entrance where the vast majority of students come in each day yet it's roughly only 50 feet from a sign further up that reads "End School Zone." The shapes, sizes and colors of the sizes of signs around the high school have no consistency and they all pale in comparison to the large illuminated rail crossing sign that is further up

Over on Sohier Street it's no better. Just ask Bepi Snow the crossing guard responsible for helping students cross safely at the crosswalk, which is partially

obscured by the lip in the downward hill. Bepi consistently sees drivers traveling well in excess of the posted 20 mph going down the long sloping grade of Sohier Street, and she truly worries about the safety of the kids walking along the beat up sidewalks. Bepi's faded crosswalk is at the main entrance to both schools which is the entrance that the buses and anyone accessing both Osgood School and Deer Hill by car uses. As a parent whose child walks to school each day, I am very grateful for Bepi's efforts.

If you are traveling up Sohier from Route 3A, you should be aware that the sign to alert you that you're approaching a school zone is only a couple dozen feet from the side entrance to the Deer Hill School. The Deer Hill side entrance, unlike high school, is used for parents dropping off and picking up their kids. With limited space in the Deer Hill side entrance, there are many times that the line of waiting cars extends out on to the street. There's been many a time that I have waited to pick up my daughter on a rainy day, and hoped that whoever is coming up over the hill isn't speeding. The "End School Zone" sign is then a few hundred feet beyond the main entrance. Similar to Pond Street, the different colors, sizes and shapes of the signs lack consistency, and without a doubt have to be confusing to some driv-

The town appears to be using the main school entrances for measuring the beginning and ends of the school zones, but unless I am totally missing something, entrances to schools are not one of the options defined in the MUTCD. Furthermore, neither zone has consistent signage or takes into consideration the high traffic associated with the secondary entrances.

From what I can see, the Town of Cohasset may be able to brag that our school system is rated in the upper echelon of the schools in Massachusetts, but it can't brag about the safety of the area around the schools. It's my belief that expanded school zones at both locations, more consistent signage for better visibility and perhaps a review of the procedures regarding the dropping off and picking up of students would make both locations safer.

As always, thanks for reading and if you're driving up or down Sohier Street during school hours, please drive slow and give Bepi a wave to say thanks, she's earned it.

John McSheffrey has been part of the Cohasset community since 2007 and can be reached at jjmcs@aol.com.

LIBRARY CORNER

Book Group to meet Feb. 26

Paul Pratt Memorial Library is at 35 Ripley Road, Cohasset. Call 781-383-1348 to register or for more information or visit the website at www.cohassetli-

Wi-Fi is Back - The upgrade to the wireless network is complete. Come on in and give it a try. Ask the reference librarian if one needs assistance accessing the free Wi-Fi network.

Library Book Group -Join others for coffee and discussion of "The Lotus Eaters" by Tatjana Soli at 10 a.m., on Wednesday, Feb. 26. All are welcome.

Resume Writing Workshop — Employment Specialist Gary Gekow will return to the library to lead a resume writing workshop from 6:30 to 8:30 p.m., on Thursday, March 13. He will discuss resumes in general and how to address keyword search techniques. Bring an existing resume for a confidential one-onone analysis. Free. Sponsored by the Friends of the Cohasset Library.

'Chronicle's' Ted Reinstein to visit library — Ted Reinstein, longtime, awardwinning reporter for "Chronicle," Boston's nightly TV news magazine, will talk about his book, "New England Notebook: One Reporter, Six States, Uncommon Stories," at 7 p.m., on Thursday, March 27. A question and answer session and book signing will follow. Free. Sponsored by the Friends of the Cohasset Library.

Great Decisions Discussion Group — Every Tuesday, 10:30 a.m. to noon, from April 1 through May 27. This national foreign policy discussion group will cover newsworthy topics such as the defense budget, Israel and America, Turkey and the Middle East, China's foreign policy, and more. Participants are asked to commit to eight consecutive weeks of meetings. Registered participants will receive a discussion book prior to the first meeting. Limited to 10 members. Signup online at www.cohassetlibrary.org or call the reference desk. Free. Sponsored by the

Digital Cohasset Update Take a trip down memory lane and browse the Cohasset yearbook collection online. Most volumes of the Cohasset High School yearbook collection have been digitized beginning with the 1935 yearbook, The Piper, to the 1951 yearbook, Imp-Print, to the 2013 yearbook, Tessahoc. Search for classmates and teachers.

Friends of the Cohasset Li-

Also available are the Town Reports from 1849 through 2012. Visit the Digital Cohasset page at www.cohassetlibrary.org.

FOR CHILDREN **Building Stories with Big** Ryan — Limited space available. Building Stories with Big Ryan will take place in the Story Room at 10 a.m., on Wednesdays, Feb. 26 and March 5. This is a parent/child interactive workshop for children ages 3 through 5. Big Ryan will make stories and language come alive. Register once for all sessions. This workshop is sponsored by The South Shore Community Action Council.

Lego Club - Mondays, Feb. 24, and March 10 and 24, from 4 to 5 p.m., in the Meeting Room. Children 7 and younger must be accompanied by an adult. No registration required. Legos provided. Everyone is wel-

Puppet Storytime on Tuesdays - Join others in the Story Room at 10:30 a.m. for puppets and stories with Leigh Baltzer.

Drop In Crafts Thursdays Join others in the Story room anytime between 10:30 a.m. and 1:30 p.m. to make seasonal crafts. All children must be accompanied by an adult.

DON'T MISS THIS

Community Garden Club to meet Feb. 25

The Community Garden Club will welcome member Lelia Stokes Weinstein as speaker at its general meeting on Tuesday, Feb. 25, at Second Congregational Church in Cohasset. People are invited to come for refreshments and conversation at 9 a.m., followed by a business meeting and Weinstein's presentation, Encouraging Birds and Butterflies into Our Yards." Weinstein is a landscape designer specializing in gardens that require little water, no chemicals and minimal maintenance. She believes gardens can provide a crucial corridor for wildlife.

Continued from 1

also a good storyteller," O'Keeffee explains in a phone call from his Cambridge home. "And you can really write a story about anything."

The musician says that when it comes to songwriting, he draws on what he knows.

"I pick music out of life... you write about the experience you have."

Falling in love with his father's Dire Straits, Jimi Hendrix and Guns N' Roses albums as a kid kicked off O'Keeffe's lifelong love affair with music.

He got his start playing at school talent shows with his friends and fellow CHS alums Mike Earnst, who played bass, and Mike Hajjar on drums. After spending much of his teenage years honing his guitar, singing and songwriting skills, O'Keeffe headed to Montreal for college. With his high school bandmates headed off in different directions, O'Keeffe realized that to make it in music on his own, he would have to play and sing his own

"I didn't sing" much in his first band, O'Keeffe admits. "It took me longer to get the nerve worked up."

A turning point came when the rock-loving O'Keeffe discovered LaMontagne's bluesy folk music - and realized that he didn't need a whole band to write driving, melodic tunes.

"I wasn't into folk music before that - I always wanted to be the guitar hero, the really awesome lead guitarist," he explains. "Then when I realized I would start having to do this by myself, I discovered Ray LaMontagne, and that was a moment... I thought, 'Maybe I can write something like this.' I could do it with just my guitar."

While O'Keeffe studied archaeology, not music at Concordia University, the French-speaking city turned out to be the place to take his music further. Armed with his acoustic guitar, and the ability to speak French (his mother is from Paris), O'Keeffe began playing open mikes, coffeehouses, bars and cafes.

"There's definitely a scene for it," O'Keeffe says of music



Singer-songwriter Andrew O'Keeffe playing at Ground Level café's mid-winter beach bash in Cohasset. COURTESY PHOTO/MEGAN BLACK

in Montreal. "It's so open to all kinds of different art and culture; it's so European."

There's a reason O'Keeffe eschewed music as a major, refusing to get bogged down in theory and complex composition. Although he did a few summer programs at the Berklee School of Music, O'Keeffe ultimately decided to pursue a different major while continuing to work on his own music.

"Music has always been a part of me," he explains, adding that to write songs from his own perspective, "you don't need to go to music school.

"I'm not sure anyone can tell you how to be a songwriter."

O'Keeffe chalked up his college experience to being a side gig to what he really wanted to do for a living. "I feel like I went to school on the side. The most important thing I got out of college and the path I chose was the life experience."

After four years in Montreal, O'Keeffe returned to the Boston area and started from scratch with his music.

"Like most post-college kids, I had to move back home for a while," the 2004 CHS graduate explains. He returned home in 2009 and set his sights on the city as the place to launch his musical career, with the determination "to make Boston the place I'm going to put my

O'Keeffe began working and moved to Cambridge a few years ago - another place with a major music scene, thanks to places like rock club The Middle East and folk venue Club Passim.

"It's a great spot," says O'Keeffe.

However, the musician quickly learned that landing opportunities to play live around Boston was no walk in the park.

"I had to figure out how to gig in Boston; I had no connections at all," O'Keeffe re-

Through a friend, O'Keeffe started working with producers at Hear Now Live to start promoting his music locally. Starting in 2012, he began gigging regularly at PA's Lounge in Somerville, which was "the first place around here that gave me a chance," says O'Keeffe.

Then he began working with a booking agent, leading to gigs at places like the Precinct in Somerville and the Hard Rock Café.

The years of hard work and dedication are paying off, with O'Keeffe earning a residency at the Middle East Corner in Cambridge every second Wednesday of the month, which he's been doing for the pat six months.

Now, the multitasking musician is working on a new album, collaborating with fellow musician friends. O'Keeffe has partnered with

accompanies the singersongwriter both on stage and in the studio. He has also "commandeered" a cello player and keyboardist from local group The Van Burens, along with friends who provide background vocals and harmonies

In addition to writing all of the songs himself, O'Keeffe has also fashioned himself into a "jack of all trades" on guitar, playing all of the rhythm, lead, bass and slide guitar parts on the record.

While O'Keeffe has some decent recording equipment at home, including microphones and ProTools software, he has been trusting an audio engineer in Everett, Mass. to record this album.

And while booking studio time is expensive, the musician says, "I'm willing to put the money into it."

Even as O'Keeffe reaches for the stars, he's still willing to revisit his roots, recently playing a free show in his hometown at Beechwood's Ground Level coffeehouse. The singer-songwriter said that he enjoyed the coffeehouse's atmosphere, which encourages teens and young adults to take the open mike stage on the first Friday of every month.

"I think it's really nice that there's an outlet like that available" for local young musicians, he says. "There wasn't anything like that on a Friday night" around when O'Keeffe lived in Cohasset, he adds. "But it's probably some-thing I would have done. For the burgeoning musicians out there, it's a neat opportu-

And as he moves on to bigger shows at even better venues, O'Keeffe will always remember his early music days in Cohasset - particularly because his nickname came from a Cohasset teacher. His second grade teacher, Barbara Buckley, was the first to dub him as "AO" in order to differentiate between him and another Andrew in his

"That was eighteen, nineteen years ago, and it stuck," O'Keeffe laughs.

Andrew O'Keeffe plays at the Middle East Corner in Cambridge every second Wednesday of the month, starting at 10 p.m. For updates and show dates, follow drummer Andy Buckley, who on Facebook.com/AOmusic.

ATLANTIC SYMPHONY ORCHESTRA



Jin Kim will be directing the March 8 concert featuring soloist Francisco Fullana and violist Emily Deans. COURTESY PHOTO

Mozart program March 8 is a classic

Mozart's Symphony No. 40 in G minor, perhaps the composer's most popular symphony, will be performed by Atlantic Symphony Orchestra in its upcoming All **Mozart Masterworks** program, at 7:30 p.m., Saturday, March 8, at Thayer Academy's Center for the Arts, Braintree.

The concert also will feature Mozart's "Adagio for Violin and Orchestra," performed with soloist Francisco Fullana, and Mozart's "Sinfonia Concertante," performed with Fullana and violist Emily Deans.

Both Deans and Fullana are young, internationally recognized soloists who have performed with the Atlantic Symphony Orchestra, under the direction of Jin Kim. Fullana was the 2012 ASO Concerto Competition, a featured soloist in 2013 and recently performed at the ASO's Classical Uncorked event. He currently studies with Midori Goto. Deans is a doctoral candidate at New England Conserva-

"The Atlantic Symphony Orchestra offers an incredibly high caliber of classical music to suburban Boston - our concert 'home' at Thayer Academy allows us to attract discerning audiences from Boston and the South Shore. We are fortunate to have two rising stars perform the music of the eternally young composer W.A. Mozart," said Diane Kennedy, executive director. The Orchestra is fresh off a performance at Boston's Jordan Hall and a Discovery family concert with Norwell schools.

Tickets are \$40 for adults/\$35 seniors/\$20 U30 and \$10 for youth. Tickets may be purchased online at www.atlanticsymphony.org or by calling 781-331-3600.



GASLEAKS (H 8878)

Beacon Hill Roll Call

By Bob Katzen

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

Volume 39 -Report No. 7 February 10-14, 2014





(D-Hingham) 617-722-2520

THE HOUSE AND SENATE: Beacon Hill Roll Call records the votes of local representatives on two roll calls and local senators on two from the week of February 10-14.

SUPPLEMENTAL BUDGET (H 8899, S 2010) House 146-2, Senate 37-0, approved different versions of a supplemental budget to pay expenses for the current fiscal year. The price tag on the House version is estimated to be \$154 million while the Senate package came at \$196 million. A conference committee will likely hammer out a compromise version. One of the major differences is that the Senate version does not include a freeze in unemployment insurance rates adopted by the House. The payments are made by employers and go into a fund that provides benefits to laid-off workers.

Supporters said the package is fiscally responsible and funds necessary programs including several that are running out of money.

Opponents said they cannot vote for this additional \$196 million in spending that is on top of the massively excessive \$34 billion state budget that was based on unnecessary tax hikes and provided insufficient local aid. (A "Yes" vote is for the budget. A "No" vote is against it.)

House 152-0, approved and sent to the Senate legislation that would require gas leaks to be repaired by the gas company in a time frame based on a three-tier classification system of dangerousness. Grade One leaks are most likely to cause an explosion and would have to be repaired immediately. Grade Two leaks are expected to create a hazard in the future and would have to be fixed within 15 months, while Grade Three leaks are non-hazardous and would have to be reevaluated every six months.

Another key provision requires gas companies to file major repair plans for aging infrastructure and pipes with the state and to apply for a rate increase from their customers to fund the repairs. Supporters said the state's gas delivery system is the second oldest in the nation and has 5,700 miles of leak-prone distribution pipe and 20,000 known leaks. They noted the bill will help avoid gas leak tragedies, save lives and have a positive impact on the environment by reducing methane gas.
(A"Yes" vote is for the bill.)

FOSTER CARE MORATORIUM (S 2010)

Senate 32-5, approved an amendment that would impose a six-month temporary moratorium on the Department of Children and Families' (DCF) placement in foster homes any individuals or family members convicted of a felony unless an investigation finds that the placement poses no threat to the safety of the child. The amendment also requires the state to examine all existing foster care placements to ensure each placement is appropriate and the child is safe.

Amendment supporters said current DCF policies do not automatically disqualify prospective foster parents who have been convicted of crimes such as soliciting sex from a minor, possessing "obscene pornographic" material and assault and battery and instead allows them to seek a waiver. They cited recent media reports that there are currently 552 homes caring for children where the guardian has a prior criminal conviction.

Amendment opponents said the state commissioned the Child Welfare League of America to conduct a comprehensive investigation into the state's foster care system. They urged set comes out so that a comprehensive solution can be developed to solve the many problems at the troubled DCF.

(A "Yes" vote is for the moratorium. A "No" vote is against it.)

ALSO UP ON BEACON HILL GOOD SAMARITAN LAW (S 1993) - The House approved a Senate-approved bill that would protect off-duty firefighters and EMTs from liability when providing emergency care. The current "Good Samaritan" law only protects civilian who are not trained in emergency response. Only final House and Senate approval are needed prior to the bill going to Gov. Deval Patrick for his signature. Supporters said under current b.w, these firefighters and EMTs would be liable if anything went wrong as a result of their efforts to provide emergency care. The proposal has gained steam since the Boston Marathon bombing, in which hundreds of off-duty personnel were running in the race and then responded immediately after the bombing.

VACCINES (S 1971) - Gov. Patrick signed into law a measure that would create the Vaccine Purchase Trust Fund to fund the purchase, storage and distribution of routine childhood immunizations.

The state would charge an assessment on incurred companies for the costs. The page law also requires insurers to provide herefits for immunizations on each health care plan and everynt the immunications.

The state would charge an assessment on insurance companies for the costs. The new law also requires insurers to provide benefits for immunizations on each health care plan and exempt the immunizations from copayments and deductibles.

Supporters say this law now makes all these important vaccines available at no cost to all children. They note

passage of this law was more important than ever as an increasing number of states are granting exemptions from childhood vaccinations, causing the return of preventable illnesses including mumps and measles. EZ-ID VEHICLE RECOGNITION (S 1712) - The Transportation Committee heard testimony on legislation that would create a task force to study the feasibility of requiring all Massachusetts license plates to feature a symbol, like a star, diamond or heart, along with four numbers and letters. This system would replace the current system, which has six random letters and numbers. Supporters said the new plates would make it easier for adults and children to remember license plate registrations and report them to law enforcement officials to track down vehicles used in child kidnappings and other crimes. They cited studies showing both children and adults have trouble recalling the current plates.

The two chairs of the committee both said they wanted more information on scientific studies that prove these symbols will make plates easier to remember.

DUAL LIQUOR LICENSES (H 3420) - A bill before the Consumer Protection and Professional Licensure Committee would allow cities and towns to issue a liquor license allowing supermarkets to sell packaged alcohol and serve alcoholic drinks inside the store. Current law prohibits any establishment from offering both. The measure was filed on behalf of Wegman's Supermarket in Northborough, which noted it is allowed to do this in other states.

Supporters say this archaic law should be changed to leave the decision up to local communities.

Opponents say the new law would damage smaller local supermarkets, restaurants and liquor stores that do not have the space to do this.

PRICE GOUGING DURING EMERGENCIES (S 1113) - The Consumer Protection and Professional Licensure Committee's hearing agenda also included legislation making it a crime to price uge during a declared state emergency. The measure imposes up to a 2.5-year prison sentence and/or \$50,000 fine on anyone who charges excessive prices for necessities including food, fuel and shel-

WOMEN'S DEFENSE CORPS (H 2836) - The House gave initial approval to a bill designating April 2 as Massachusetts Women's Defense Corps Remembrance Day. The day would recognize "the generous contributions of the approximately 18,000 women who volunteered to train as air raid wardens, drivers, communications personnel, canteen workers medics, chemical detections personnel and as emergency fire fighters during World War II."

OFFICIAL STATE SEASONING (H 3753) - The House gave initial approval to a measure designating Bell's Seasoning as the official state seasoning. The seasoning was created by William Bell, a Boston inventor, in 1867 and has been manufactured in East Weymouth since 1971. The measure is sponsored by Bob Tallent, who is the National Sales Manager at Brady Enterprises which owns Bell's

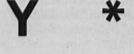


617-722-1646









More candidates seeking office

Race possible for selectmen

By Erin Dale edale@wickedlocal.com

The May 10 Town Election may seem far away, but nomination papers have started being pulled since they were first available last week on Monday, February 10.

So far, there is a three-way race for the Board of Selectmen, which has two terms set to expire, positions currently held by chairman Fred Koed and vice-chair Diane Kennedy. Both have decided to run again, with former Governance Committee Chair Kevin McCarthy vying for one of those spots.

The Housing Authority, Library Board of Trustees. Recreation and Sewer Commissions have also drawn interested residents.

Recreation

Virginia Froio announced plans to run for the Recreation Commission, and pulled papers this week, seeking the open five-year seat being vacated by Katy Lydon, who has decided not to run for a second term.

Froio grew up in Cohasset and enjoys staying home to raise her sons, who are 10 and 13, and volunteering for school and town organizations, including the Cohasset Education Foundation for the past four years. She has cochaired and chaired three of the CEF's annual events and serves as secretary of the Executive Committee.

Froio said in a statement that she cares deeply for the schools and town and is willing to help where needed. She further stated that she is impressed with how much the Rec. Department has grown over the past five years in particular, adding that she and her family have partici-

rec. activities.

"It would be an honor to join the Recreation Board and continue to expand the activities, classes, and events offered to the community," said Froio.

Selectmen

On the first day nomination papers became available -Feb. 10 – a potential race for the Board of Selectmen emerged.

Incumbent selectmen Fred Koed and Diane Kennedy, ing Authority. Town Clerk who respectively serve as chair Carol St. Pierre, who started in and vice-chair, both pulled the town clerk's office in 1997 papers last week. Kennedy is up for her second term, having been elected in 2011, while Koed is running for his sixth sition. term; he has been a selectmen since 1999.

pulled papers for a selectmen's seat, is Kevin McCarthy, Fairoaks Lane, an attorney, in an upcoming edition of the currently serves on the Governance Committee. Mc-

pated in and enjoyed many Carthy stated in an email last week that he resigned as Governance chair.

The Town Clerk's office reported that both Kennedy and McCarthy returned their papers this week, and they have been certified, meaning that they are officially in the selectmen's race.

Also pulling papers were Wayne Sawchuk for the Sewer Commission and Virginia Laugelle Najmi for the Housand was elected assistant clerk in 1999 and clerk in 2011, also pulled papers for her po-

A newcomer on the election scene this year is Stephen The challenger, who also Brown, who pulled papers for the Library Board of Trustees.

Look for more on this issue Mariner.

NOMINATION PAPERS

Time to consider running for office

Nomination papers for the Annual Town Election for 2014 will be available on Monday, Feb. 10, 2014 at the Town Clerk's Office. The last day to obtain nomination papers will be Thursday, March 20, 2014. Last day to submit nomination papers to the Board of Registrars for certification is Monday March 24. In order to hold an elected office, you must be a registered voter of the town. Please note that you are not running for office until you take out papers and the Board of Registrars certifies your signatures.

- Selectmen for three years (2)
- Moderator for three years (1)
- Town Clerk for three years (1)
- School Committee for three years (1)
- Trustees Paul Pratt Memorial Library for three years (3)
- Assessor for three years (1)
- Board of Health for three years (1) • Cohasset Housing Authority for five years (1)
- Planning Board for five years (1) Planning Board Associate Member for two years (1)
- to fill an unexpired term
- Recreation Commission for five years (1)
- Sewer Commission for three years (1) Water Commission for three years (1)

McCarthy turns

CANDIDATES CORNER

in his signatures

Editor's note: Candidates provide their own announcements.

This weekend I collected signatures for my Selectman nomination papers. I want to thank the 156 Cohasset residents who signed my nomination papers, which I turned in on Tuesday; thereby placing me on the May 10 ballot for Selectman. I learned a lot in the conversations I had while folks signed my papers.

It is my goal to represent the best inclinations of Cohasset voters. The Selectmen must act in the interests of the town as a whole. I will listen to all voices as I form my opinions on town issues. One of the main reasons I am running for Selectman is to offer my extensive business, legal and pub-

lic service background, as well as my skills in bringing people together for the benefit of our town. I pledge to bring a healthy and positive focus to the important issues facing Cohasset, now and into the future.

As well, my Selectman campaign website is up at: [kevinmc-

carthy4cohasset.com/home

I also have a Selectman campaign Facebook page that you can find at [facebook.com/kevinmccarthy4c ohasset]

Froio to run for **Rec Commission**

Virginia Froio grew up in Cohasset along with her husband, John, and two sons, ages 13 and 10. She enjoys staying home with her boys and volunteering her time to different school

and town organizations. She has been a board member of the Cohasset Education Foundation for the past four years. There, she has cochaired and chaired three of the annual events and currently sits on the Executive Committee as secretary. She cares deeply for the schools and the town and is willing to help where needed. She is impressed with how much the Cohasset Recreation Department has grown in the last five years. She and her entire family has participated and enjoyed many rec activities; "It would be an honor to join the Recreation Board and continue to expand the activities, classes, and events offered to the community."

Virginia has pulled nomination papers and will be seeking the open five-year seat of Katy Lydon who has decided not to seek a second

BRIEFLY

Coming up: CPC meeting is March 3

The Cohasset Community **Preservation Committee** will meet on Monday, March 3 to discuss potential town projects that could be funded with Community Preservation Act monies. Projects are presented to and vetted by the CPC before going on for consideration by Town Meeting, which is scheduled for Monday, April 28.

Chairman Russ Bonetti said that the board plans to discuss potential projects involving the Little League, Deer Hill playground basketball court, and the Captain John Smith memorial pavilion.

Bonetti said that while these projects could be discussed on March 3, the

board is "not going to make any decisions until the following meeting," which will likely take place two weeks later. Any projects pitched must also undergo review by the Board of Selectmen and Advisory Committee.

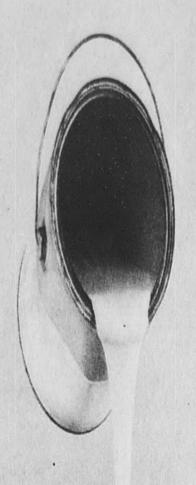
Look for more on this in an upcoming edition of the Mariner.

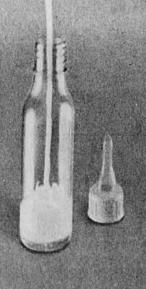
FULL STORY, PAGE 25

'Do the Math' to be shown at movie night

Cohasset Democratic Town Committee will present a documentary titled "Do the Math," at Cohasset Library at 7 p.m., on Friday, Feb. 28.

This documentary tells the story of an environmental movement, 350.org, which has responded to the urgency of earth's warming.





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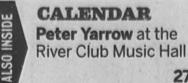
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SPORTS





PHOTOS Vacation week winter fun

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com

SPORTS NOTES



Send your

William Wassersug is the Sports Editor for the Cohasset Mariner.

Please send your stories and photos or story ideas to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy

SWIMMING

Klier and Indek excel at States

Cohasset sophomore Julia Klier had a pair of fourth-place finishes at Saturday's Division 2 girls swimming and diving state championships at MIT.

Klier clocked a 2:11.04 in the 200yard individual medley and swam:59.41 in the 100 backstroke, helping the Skippers to a 19th-place finish in team scoring.

On the boy's side, senior Clarke Indek finished fourth in both the 200 free and 100 back at the Div. 2 State Championship on Sunday at MIT.

CYBSA

Registration open

Online Registration for the 2014 Season is **Now Open**

The CYBSA will hold its regular online registration for the 2014 spring season January 21 through March 15

Please complete the registration process by visiting our website: WWW.CYBSA.net Late fees of \$50 ap-

plied March 15 through March 25. For more information, see Page 16

COLLEGE HOCKEY

Leong gets first win

Saint Michael's College senior goalie Meaghan Leong (Cohasset, Mass./Notre Dame Academy) made 26 saves for her first career victory in just her sixth start for the Purple Knights.

SEE NOTES, 16

WRESTLING

Froio wins Sectional title

Skippers outstanding at Tournament

By Jay N. Miller The Patriot Ledger

The weather may have been terrible Saturday, but that didn't make much of a difference to the wrestlers competing at the Div. 3 South Sectional Tournament at Cohasset High School.

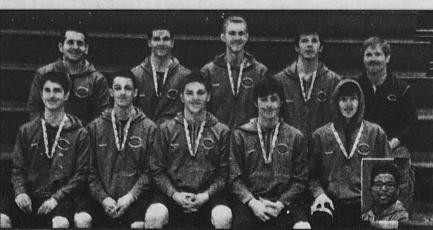
That was a good thing, as one hometown hero, junior Matt Froio fought his way to the title and an invitation to the upcoming All-State Tournament.

Froio's match at 170 with Foxboro's Brendan Duffy also started with a tactical first period, with both grapplers feeling each other out and

avoiding errors in a 0-0 period. Froio picked up a point with an escape early in the middle round, and then took down Duffy with a tackle, emerging from the period with a 3-0 advantage. Duffy executed a nice escape early in the final frame, but Froio took him down again, before Duffy escaped again, for the 5-3 final tally in a lively match.

"I wanted to stay on him, and he wasn't shooting a whole lot, so I couldn't get him to commit" said Froio, who ran his season record to 33-3. "I had never wrestled him before, but I did get a chance to see all his earlier matches today, so I kind

SEE WRESTLING, 16



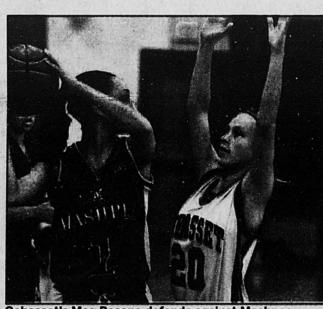
Cohasset High School hosted the Div. 3 South Sectional Tournament Saturday and fared well. Cohasset High School Division 3 placers, now headed for States are: Back row: from left: Asst. Coach Adam Amster, Steven Maher, Chandler Skolnick, Hayes Keniley, Coach Torin Sweeney. Front row: from left: Harry Helbock, Sean Mavilia, Matt Froio, Nick Hall, Cole Sullivan, Kelsey Naissant (inset). COURTESY PHOTO

GIRLS BASKETBALL

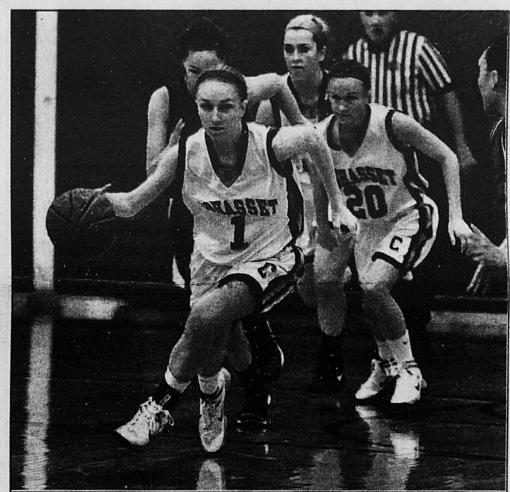
Excellent finish

The Cohasset girls basketball team missed making the MIAA Tournament by the slimmest of margins, but that didn't keep the Lady Skippers from giving their all in the season finale against visiting Mashpee, Friday night. Sophomore Emily Rosano led the charge with 23 points, and Cohasset continued to play fine defense the entire game.

For more photos see Page 16.



Cohasset's Meg Rosano defends against Mashpee during a 48-28 win Feb. 14 at home.



Cohasset's Emily Rosano leads the break after a Mashpee turnover against Mashpee. Cohasset won the game 48-28. PHOTOS/WILLIAM WASSERSUG

BOYS BASKETBALL

Buzzer beaten

Skippers edged in thriller

Chris McDaniel

The Enterprise

for hours, not seconds.

The ball seemed to hang on the rim at Mashpee.

But John Furr's put-back of a Matt Nicholson 3-point attempt in overtime at the buzzer was able to drop in, giving the Rockland boys basketball team a 65-63 win over previously undefeated Cohasset (17-1, 15-1 in the South Shore League) on Saturday afternoon, less than a day after the Skippers had clinched the South Shore League title with a win

With the score tied at 63, Nicholson (12 points, four 3-pointers) jacked up a 3-point attempt at the top of the key, leaving enough time for a second-chance opportunity. Furr found an open lane by the elbow and banked home the winner.

SEE THRILLER, 16

HOCKEY

Kaiser sets new mark

South Coastal Hockey League roundup

By Mark Ducharme

Correspondent

The Whalers goalie Barry Kaiser is the new record holder for the longest scoreless streak in the South Coastal Hockey League.

Kaiser broke Greg Smith's record of three straight shutouts and one period as he had three straight shutouts and two period of the fourth game in the Whalers 5-1 Legends Div. win over the Sharks. Marshfield's Mike Valenti broke Kaiser's shutout string with a goal with three minutes left in the

Adam Bellantoni and Paul Flagg both scored two goals while Skip Tufts added a goal and two assists for the Whalers.

Dave Christensen broke a 4-4 tie with 34 seconds left in the game to give the Stingers a come from behind 5-4 win over the Crusaders in a Legends Div. game. Both Mark Hallal of

SEE KAISER, 16



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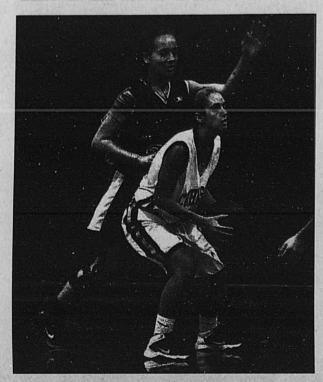
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Cohasset captain Megan Fitzgerald fights to keep the ball during Cohasset's 48-28 win against Mashpee, Feb. 14

Excellent finish



Photos by William Wassersug

Left, Cohasset's Lauren McManus protects the ball during a 48-28 win over Mashpee, Feb. 14.



Cohasset's Kyle Burke defends during a 48-28 win over Mashpee, Feb. 14.

KAISER

Continued from 15

Hingham Paul Smyth had a goal and an assist each. Pembroke's Ken Wingate and John Scag added a goal each for the Stingers who trailed 4-2 in the game.

Jim Callahan scored a goal and set up two others for the Crusaders. Jim Donovan of Marshfield scored a goal and assisted on another, Mike Simon and Mike Hankes had a goal each and Richard Buckely had two assists.

Paul Brinkman's second goal of the game came on a shorthanded situation with 3:20 left to give the Toros a 3-3 Legends Div. tie with the Saints. Mark McGreenery of

ter Cleary had two assists for the Toros, who trialed 3-1 in

the third period. and Steve Quinn of Marsh-field scored the goals for the

Marshfield's Glern Harnisch had a goal and an assist as the Canadiens held on for a 3-2 win over the Red Wings in a Classics Div. matchup. Bob Morrissey and Kirk Souza added a goal each and Pembroke's Jeff Hollstein stopped 34 shots in the game, including some key glove saves in the second period.

Brian Hurcombe of Pembroke and Scituate's Mike Evensen scored the Red Wings goals.

John Dunn scored a goal each for the Leafs.

Norwell also scored while Pe- and assisted on another one to spark a three goal first period as the Black Hawks pulled out a 3-Classics Div. win over the Mike Ryan, Chuck Ryan Rangers. Norwell's Stephen White and Pembroke's Paul Lyons added a goal each for the Hawks while Bob Sideropoulos scored an unassisted goal for the Rangers in the first period.

Dave Burke of Hingham scored a goal and set up two others, Joe McCafferty scored two goals and Dennis Ferro posted the shutout in the Maple Leafs 7-0 win over the Bruins in a Classics Div. game.

Dave Evans of Marshfield. Dave Salvaggio, Jeff Gauthier and Kevin Ryan added a goal each while Chris Harrington and Paul Maier both of Marshfield had two assists

WRESTLING

Continued from 15

of knew what he liked to do. This is my first Sectional Championship, but I was third last year, and fifth the year before that, as a freshman.

In the Skippers' other finals matches, 138-pounder Sean Mavilia, a sophomore, fell be-hind early in his match with Matt Landry of Sandwich, trailing 4-0 after the first period, and 6-1 after two. Mavilia picked up four points with a feisty third period, but Landry held on to win the 9-5 decision. At 145, Cohasset soph Nick Hall was also quickly in trouble, trailing 7-1 to Norton's top-seeded J.T. Taylor. Scrambling for points, Hall got caught and pinned at the end of the first period. (Taylor would later be voted

Froio's match at 170 with Foxboro's Brendan Duffy also started with a tactical first period, with both grapplers feeling each other out and avoiding errors in a 0-0 period. Froio picked up a point with an escape early in the middle round, and then took down Duffy with a tackle, emerging from the period with a 3-0 advantage.

the tourney's Outstanding League title at Rockland. Wrestler by coaches.

Elsewhere Cohasset had soph Cole Sullivan take third at 132, while senior Harry Helbock (126), senior Chandler Skolnick (160), and junior Hayes Keniley (182) took and here we are. Matt Froio fourths. The Skippers were also celebrating winning this year's D-3 Sportsmanship Award, and the 30th anniversary of coach Torin Sweeney's tenure. Just last Tuesday, the Skippers secured Sweeney's 351st victory, when they clinched the South Shore

"I was in my second year of college, and they were going to end the Cohasset wrestling program unless they found a coach quickly," said Sweeney. "I couldn't let that happen, had to wrestle really perfect today to beat that kid, and he was very disciplined about when he took his shots. Matt was able to take advantage of that kid's very few mistakes, but they've been watching each other all year at various tourneys."

THRILLER

Continued from 15

"I just wanted to hustle and hopefully I put it in the basket, and I did," said Furr in an even-keel tone minutes after he was stormed by Rockland's student section, known as Bulldog Nation. "I was just hoping it'd roll in. It's kind of a fluke, but we won the game and that's all that matters right now."

The Bulldogs (15-4, 13-3) found themselves battling back all day, even trailing by five with under a minute to play in regulation.

Down 53-48, junior Andrew Frazer (15 points) cut the deficit to three with a layin. Junior Ian MacDonald (nine points) cut it to one with 17 seconds remaining with a bucket in the paint.

Cohasset's Rocco Laugelle (13 points) hit one of two free throws before Frazer calmly buried a mid-range jumper to tie it at 54 and send the game into overtime.

The run continued into overtime as Rockland opened ter."

up a five-point lead behind a Frazer jumper and a 3-pointer by Furr (19 points, five 3pointers).

Later in the frame, Rockland held a six-point lead but two 3-pointers by senior Joe Buckley (10 points) tied it at 63, setting up Furr's heroics.

The Bulldogs wore down Cohasset in the final frames, holding them to a combined 14 points in OT and the fourth quarter compared to 49 points in the first three quar-

Cohasset came out firing on all cylinders, but Rockland was able to stay competitive by pocketing eight 3pointers in the first half.

In the third quarter, the Skippers opened up a 39-31 lead, but the Bulldogs answered with a 10-2 run - with five points by Furr - to tie it at 41.

"I didn't like what he did in the first half," said Damon of Furr. "Second half, he played like a man. You can't doubt his offensive skills and what he's going to be. He's only a sophomore.

"He's only going to get bet-

in non-contact, continuous

sons in teamwork. Registra-

tion will run until late Feb-

for March 23rd.

ruary with first games slated

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Linda Montoya at (781) 829-

website at www.ssymca.org.

to register your child call

8585 ext. 260 or visit the

played on Sunday afternoons. Season runs March

the South Shore YMCA

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NFL flag belt.

Emilson Branch outdoor

brackets, 7-9, 10-12, 13-14

action while learning les-

The loss delayed sixth-year Cohasset coach Bo Ruggiero from collecting his 100th win with the Skippers.

"The only difference is every time we win a game in concession, consecutively, we do a lap," said Ruggiero of the loss. "So we had done 17 laps, now we've got to start all over again. I wouldn't mind having another win streak."

Ruggiero's Skippers started the new streak quickly, beat-ing Avon 71-26 Monday night.

Brown notched 13 in the win and Alex Norton added 10. Pat Federle helped the Skippers to a 37-8 halftime lead with nine points in the first quarter.

The Skippers, who play a fast-ball style of game, may have had some tired legs, as they beat Mashpee 55-45 on the road the night before.

In that win, Cohasset had to battle.

The Skippers led 23-22 at the half, before pulling away late to clinch the South Shore League title.

Harrison Martin scored 13 to lead Cohasset, while Brown added 12.

NOTES

Continued from 15

ROAD RACE

Cohasset Race By The Sea

Cohasset Road Race by the Sea 10K presented by Rotary Club of Cohasset will be Sunday, April 6 in Cohas-

Registration is now open. The 10K race begins at 1 p.m. The Fran Coffey Memorial Walk, which takes place on the same day, begins at 10 a.m. at Sandy Beach parking lot.

Register at roadracebythesea.com "Like" us on facebook.

For more on the race, see Page 21

FLAG FOOTBALL

SSYMCA registration

Registration is now open for the South Shore YMCA Emilson Branch spring season of 2014 NFL Flag Foot-

ball League. The YMCA NFL FLAG Football is the premier youth football league for boys and girls ages 7-14. This program provides young players a fun and exciting opportunity to engage COACHING VACANCY

JV Lacrosse

Scituate high school is looking for a JV/Asst. Varsity Boys Lacrosse coach.

Interested applicants should send a resume and a letter of interest to Head Coach, Mark Puzzangara at mpuzzangara@scit.org

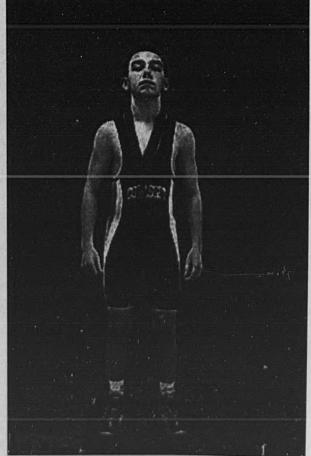
More vacancies

The following coaching position is available for the spring season at Hingham **High School:**

Junior varsity softball The spring season will begin on March 17th and end approximately June 1st.

Interested candidates should send their letter of interest and resume to mconaty@hinghamschools.org

Youth Wrestling



Cohasset 14-year old eighth grader Jake Koncius won a second place medal at the Massachusetts Youth Wrestling Association 2014 South Sectional Tournament in the 118 pound weight class which was held Feb 16 at Hanover High School. Jake will now attend the 2014 Massachusetts state championship tournament March 2 In Northborough, Mass. COURTESY PHOTO



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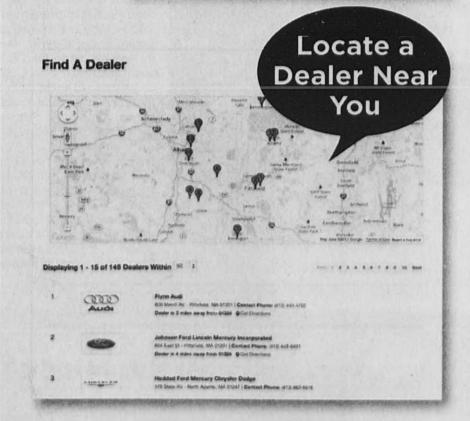
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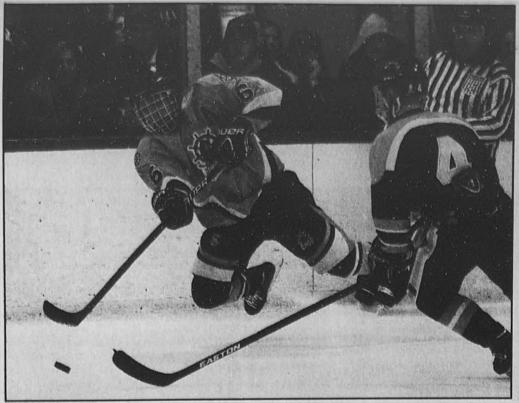
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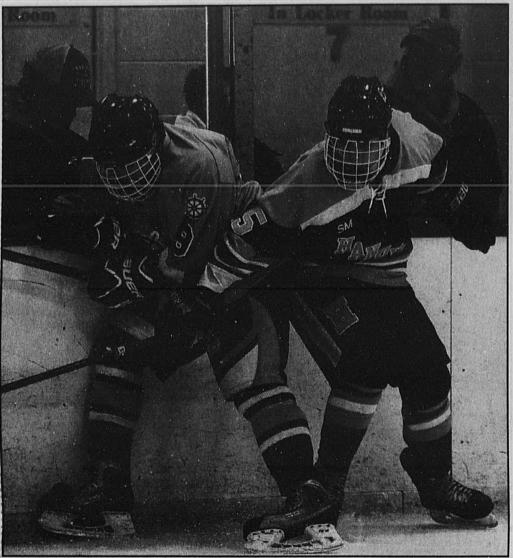
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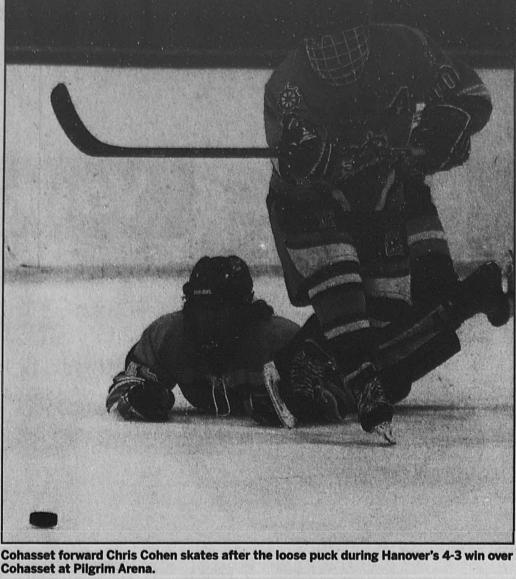
Loves Park, IL View Details



Cohasset's Colin Whelan whips a pass to a waiting teammate.



Cohasset's Adam Benson battles on the boards with Hanover's Nick Joy.



Skippers edged by Hanover

Now prepare for postseason

By Jay N. Miller The Patriot Ledger

The Cohasset High boys hockey team may have slept a bit late for Presidents' Day, but the Hanover alarm clocks were primed for action.

The Indians jumped out to a 4-1 first-period advantage over their hosts in Monday's noon matinee at Pilgrim Arena and then held on, thanks to sophomore goaltender Noah Clapp. The Skippers outshot them 21-9 over the final two periods, only to see their comeback fall

short, 4-3.

The Indians' victory avenged a 6-3 Cohasset win on Dec. 15.

Hanover (11-7) got goals from four different players, including a penalty shot from Drew Caldwell with seconds left in the first period.

Cohasset (13-6) was paced by senior scoring star Terence Doonan, who notched his 25th goal in the second period and assisted on classmate Chris Cohen's third-period tally.

The wild and wide-open first period featured a crazy sequence of three goals in a span of 40 sec-

Hanover's Tom Martin opened the scoring at 6:11. The advantage lasted just 29 seconds,

until Skipper sophomore Kyle O'Brien and junior Curtis Golden set up senior linemate Tommy Powers for the tying goal at 6:40.

Just 11 seconds after that, Hanover went back on top as Colin Mahoney rammed in a wraparound goal.

Things settled down a bit after that, but the visitors were still a step ahead of Cohasset, which had problems containing the hard-charging Indians offense. Hanover padded its lead at 11:19when Matt McDougall scored to make it 3-1.

Caldwell cashed in on a penal-ty shot with 10.9 seconds left in the period for a 4-1 advantage.

Cohasset outshot Hanover 14-7 in the second period but could only muster one goal from Doonan at 7:12 to cut the deficit to 4-2. The Skippers also wasted what essentially were back-to-back power plays early in the period.

Cohen scored off a rebound of a Doonan shot at 4:22 of the third period, but the Skippers could not find the equalizer.

"They obviously had more jump in that first period," Cohasset coach Robert Walsh said. "That penalty shot was tough – we didn't agree with that call – but that stuff happens and it gave them a real big advantage head-

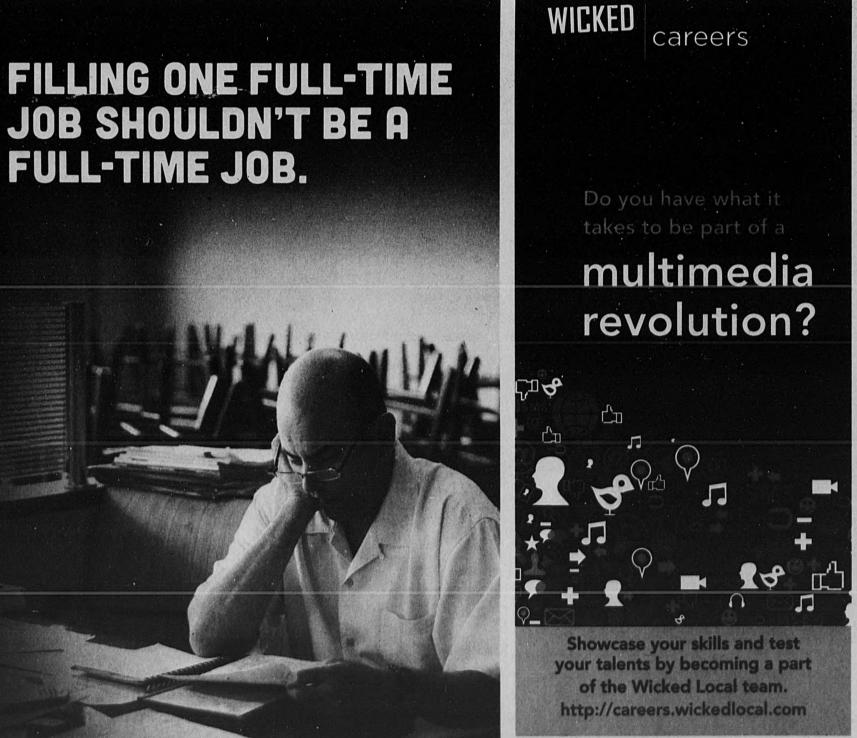
ing into the second period.
"Our boys came out and regained their composure in the second and third periods. We outshot them pretty good in the second, and also again in the, third, and started playing much better hockey. We stopped running around like we had been in that first period, and made a nice comeback. But, at this time of year, you've got to play three good periods of hockey against the best teams, like Hanover."

Hanover, which has already

clinched a spot in the Div. 3 South Sectional tournament, will be making its first playoff appearance since 2009-10, when the Indians got to the Div. 2 South semifinals.

Cohasset will be in the Div. 3. South field for the fourth straight season, although the Skippers are seeking their first playoff win since 2008-09.

"Hanover is among the top ten teams in D.3, so a game like this is a good test at the end of your season," Walsh said. "And after we'd beaten them 6-3 in the first game, we knew they'd want to get one back. Today's game was proof of how much progress they've made this season."



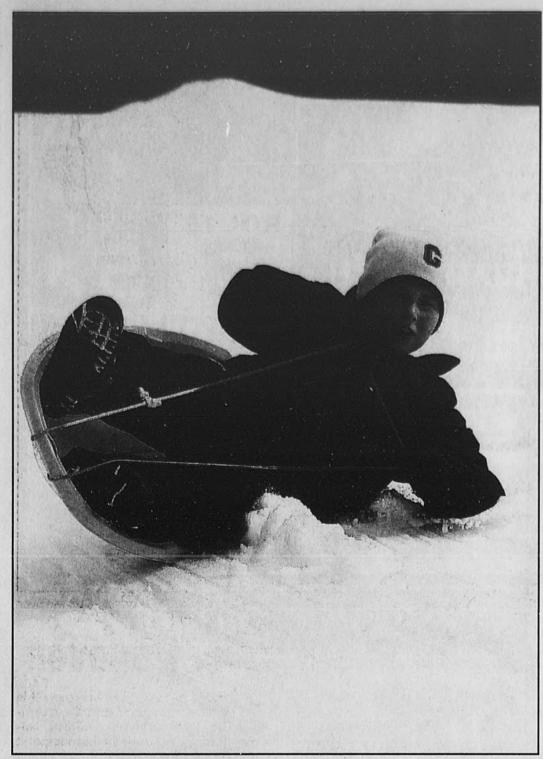
monster.



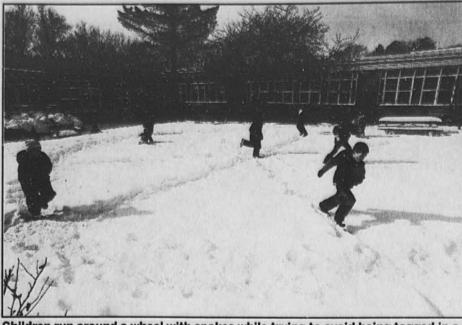
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Chris Brandt, 9, crashes off course while sledding with his friends during vacation camp on Wednesday.



Children run around a wheel with spokes while trying to avoid being tagged in a game of snow tag.



Max Wellman, 8, Victor Wellman, 10, Ronan Whilton, 8, and John Shannon, 8, take a turn on the swing set while enjoying Wednesday's nice weather.

Vacation Week



Marie Dunkelberger pushes Kate Huey, 7, and Abbie Goff, 9, down the hill while having fun in the snow.

Winter is wonderful for Rec campers!

Staff photos by Robin Chan

Check out all the Recreation Department Vacation Week camp photos in color at: wickedlocalcohasset.com



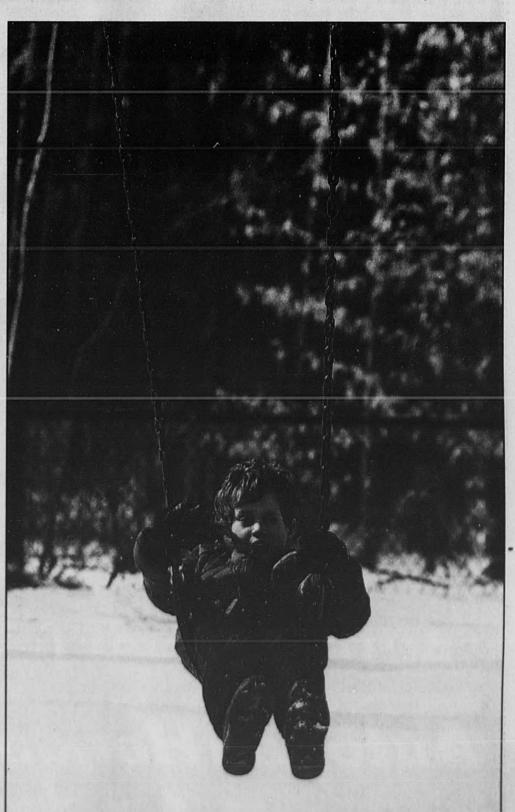
lan Dunkelberger, 12, pulls Cameron West, 5, up the hill while assisting with vacation camp.



Gracie McGowan, 7, throws a snowball at Pandora Walden, 8, while they were waiting to go sledding outside the Osgood School during vacation camp on Wednesday.



Pandora Walden, 8 back, and Abble Goff, 7, go down the hill together on a sled while enjoying vacation camp at Deer Hill and Osgood schools.



John Shannon, 8, won't let the snow deter him from having fun on the swing set.

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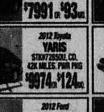








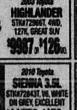




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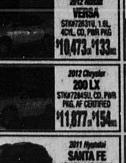




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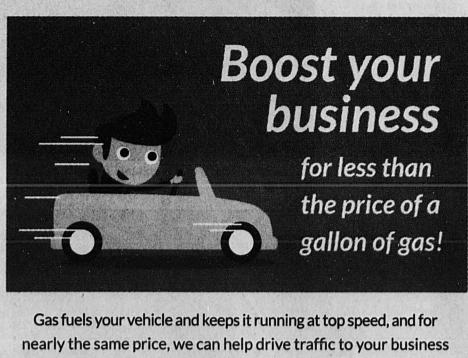
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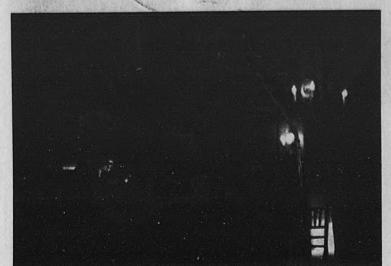
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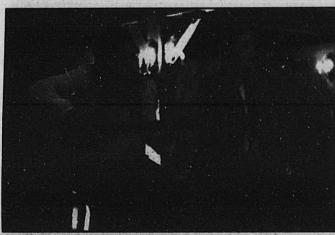
Members of the Wind Ensemble perform "Olympic Fanfare" during the Cohasset High School Cabaret held Feb. 6 at Red Lion Inn.



Evan Canney performs "Collide."



The CHS Chorus sings "She Loves You" during the Cohasset High School Cabaret.

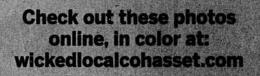


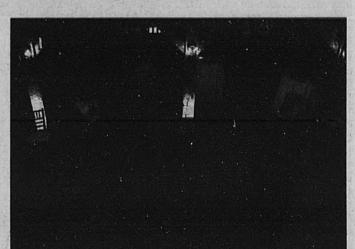
Sofia Deligiannidis (left) and Carly Kinscherf peform "You're Gonna Make Me Lonesome When You Go."

Night Music

Annual CHS Cabaret at the Red Lion Inn

Photos by K. A. MacDonald





KI'Shayla Fonfield (top) and Taylor James-Mathurin perform "Ordinary People."



Sophie Arnold (left) and Stephanie Moriarty perform "Rondino."



Madeleine (left) and Maggie Littlejohn perform "Kiss the Girl."



The CHS Jazz Ensemble plays "Born to be Wild."



The CHS Chorus sings "Ain't No Mountain High Enough."



Dan Toomey sings "No Diggity."



The Wind Ensemble performs a Scottish Ballad.

Selection of the State of the S

COHASSET POLICE/FIRE LOG

Caller just arrived home to find

reach her dog walker to see if it

was her car, or if she noticed the

There is no damage to the prop-

truck or delivery truck. Resident

will sweep it up. Resident called

with the dog walker who locked

her window to get into her own

9:44 p.m. Chief Justice Cush-

10:27 p.m. Chief Justice Cush-

10:39 p.m. Oak St., medical aid.

ing Highway, motor vehicle

ing Highway, motor vehicle

stop; citation issued.

stop; verbal warning.

back to state that she spoke

her keys in her car and broke

erty. Glass possibly from mail

the glass. Caller was trying to

glass. No answer as of yet.

Monday, Feb. 10 4:10 a.m. Wheelwright Farm, medical aid.

9:35 a.m. Chief Justice Cushing Highway, Stop & Shop, motor vehicle crash. Caller reports a two car motor vehicle accident. State Middleboro reports an elderly female is involved. Wrecker needed for two. Scituate Collision notified and responding. 10:46 a.m. **Border St.** bridge.

Caller reports there to be a swan in the middle of the road. Caller wasn't sure if the swan was injured. Caller reports that they were able to get the swan to move and it took off. 11:43 a.m. Atlantic Avenue, medical aid.

1:08 p.m. Jerusalem Road, and N. Main St., motor vehicle crash. Caller states no injury. Officer requests DPW be contacted to lower the snow bank at this location 1:23 p.m. South Main St...

motor vehicle stop; verbal warn-

1:59 p.m. Summer St., motor vehicle stop; written warning. 2:29 p.m. Elm St., CPD, minor motor vehicle crash. Party in the lobby wants to report incident occurred at the Walgreens. 3:10 p.m. Chief Justice Cushing Highway, parking com-

plaint. Caller reports there to be a Mercedes with Rhodes Island plates blocking her driveway. Officer reports that the vehicle belongs to the daughter's friend. No problem. 3:41 p.m. Pond St, Pd investigation; out on a follow up. 5:15 p.m. Forest Avenue, traffic enforcement. 5:23 p.m. Lothrup Lane, PD in-

5:33 p.m. Forest Avenue and Fox Run, motor vehicle stop; citation issued.

vestigation. Units out on a follow

6 p.m. Chief Justice Cushing Highway, motor vehicle stop; citation issued. 6:31 p.m. Chief Justice Cush-

ing Highway, motor vehicle stop; citation issued. 6:49 p.m. Lighthouse Lane, Cohasset Lightkeepers Corp. medical aid. This will be a trans-

7:03 p.m. Chief Justice Cushing Highway, motor vehicle stop: verbal warning 10:25 p.m. South Main St., motor vehicle stop; verbal warn-

11:31 p.m. Chief Justice Cushing Highway, motor vehicle stop; verbal warning.

Tuesday, Feb. 11 7:45 a.m. Depot Court and Pleasant St., motor vehicle 8:32 a.m. Sohler St., motor vehicle stop; citation issued. 9 a.m. Gammons Road, fire detail; blasting detail 10:25 a.m. South Main St., Cohasset Village, motor vehicle stop; citation issued 11:12 a.m. South Main St.,

parking enforcement. 1:38 p.m. Norfolk Road, PD investigation. Speak to officer for paper work regarding roofing company. 3:29 p.m. South Main St., sus-

picious activity. Officer reports someone stopped him to report a man urinating in an alleyway. Officer reports speaking with party, there was no exposure to the public.

3:50 p.m. South Main St., suspicious activity. Male from earlier call is now in store. Caller believes he should be checked on; acting erratic. Party has been sent on his way and will be heading home to Scituate. 4:04 p.m. South Main St., animal call. A golden lab is running in the middle of the street.

4:49 p.m. Border St., request for officer. A male is requesting a ride home. Officer is transporting one to Glades Road in Scitu-5:17 p.m. Chief Justice Cush-

ing Highway, motor vehicle stop; citation issued. Vehicle has been towed; owner cited and picked up.

5:42 p.m. Chief Justice Cush-Ing Highway, MBTA Cohasset Station, erratic operation of a motor vehicle. Car is turning right on Chief Justice Cushing Highway. A blue Toyota swerving all over the road heading north. Going north on 3A, car did stop for light. Driver is swerving all over the road, high beams off and on. Driver stranding white line approaching rotary officer just passed them on the other side. Car is stopping in the rotary Stranding lane line on 3A. Officer stopped at Otis and Ship. Elderly drive sobriety checks out; verbal warning. 6:19 p.m. Forest Avenue, motor vehicle stop; verbal warning. 7:05 p.m. Scituate, mutual aid given. Scituate reports party from earlier bolo cell phone has pinged in the area of Pleasant Street Cohasset. Scituate reports phone is pinging again at South Main Street area. Scituate reports they have the party he as been located in Scituate. 8:04 p.m. South Main Street. suspicious item. Caller reporting broken glass in the driveway

Wednesday, Feb. 12 6:40 a.m. Forest Avenue, motor vehicle stop; citation is-

sued. 7:08 a.m. Forest Avenue, motor vehicle stop; citation issued.

7:28 a.m. Ripley Road, well being check. Female is walking by library. She is wearing slippers, nightgown and sweater. She has a towel over her head. Caller asked her if she needed a ride and she refused. Her well being is ok and she gets called on frequently.

8:53 a.m. Elm St., motor vehicle stop; verbal warning. 9:18 a.m. Avalon Drive, property damage, a vehicle hit a lamppost on the property

around 6 or 7 a.m. this morning. 9:39 a.m. South Main St., motor vehicle stop; citation issued.

9:51 a.m. South Main St., motor vehicle stop; citation issued.

11:05 a.m. Avalon Drive, warrant. Officers out on serving a warrant party apprehended. Transporting to ODC. 11:23 a.m. Locust Road, med-

ical aid. 11:39 a.m. Avalon Drive, PD investigation. Out on an investiga-

11:47 a.m. Long Pond Road-Plymouth, minor motor vehicle crash. Sgt. calling to advise his personal vehicle was struck in the parking lot of the Plymouth

Police Academy. No injuries to either part. Damage is to the front of the vehicle.

12:07 p.m. Oak St., well being check 12:46 p.m. Jerusalem Road,

Reflection's Antiques, fire building structure. Fire inside, everyone out of building. Furnace caught fire. Second 911 call reporting a fire. Second alarm struck. Hingham closing down the West Corner and Rockland Street. Third alarm Hingham off at West Corner from traffic control. Hingham will be posted for traffic at Kilby at Rockland. DPW notified for Sanders and horses. Aguarion Water notified. A 21/2 story wood frame/heavy fire first and second floor. All com-

panies working. National Grid to the scene. Fire Marshall enroute from Middleboro. Defensive operations/heavy fire on second floor. All companies working. Main body knocked down extensive overhaul companies still

working. 5:23 p.m. Hull St., animal call. Lost dog, medium size brown biack in color. He has a collar with an address and number on it. He got loose at golf course around 1 p.m. Caller just called in dog has come home. 5:45 p.m. North Main St., suspicious activity. While babysitter was there a male came to door

acting suspicious.

SATURDAY, FEBRUARY 22 SHOP 9AM-11PM (IT'S A SALE TOO BIG TO FIT IN A DAY!)

ALSO SHOP FRIDAY, FEBRUARY 21 FROM 9AM-10PM HOURS MAY VARY BY STORE. VISIT MACYS.COM & CLICK ON STORES FOR LOCAL INFORMATION.

FREE SHIPPING AT MACYS.COM WITH \$99 ONLINE PURCHASE. NO PROMO CODE NEEDED; EXCLUSIONS APPLY.

DOORBUSTERS

4 HOURS ONLY! 9AM-1PM FRI & SAT GET HERE EARLY, WHILE THEY LAST

DOORBUSTER 19.99 DRESS SHIRTS OR TIES
Reg. 49.50,
after 1pm: 27.99.
Only at Macy's.
From Club. rom Club Alfani Red in

patterns &



189.99 **ALFANI SUIT** SEPARATES Reg. \$495, after 1pm: 249.99. Only at Macy's. Doorbuster 124.99. Reg. \$360, 159.99. Pants.



50% OFF Doorbuster \$24-\$39. Reg. \$48-\$78, after 1pm: 28.80-46.80. From ★ WebID 1093883 k ★ 1090130) more. Girls' 2-16; infants' 3-24 mos.



DOORBUSTER 29.99 JEANS FOR HER Reg. \$54-\$59, after 1pm: 32.40-35.40. Only at Macy's. rom Charter Club with tummy in favorite rinses.



REGULAR & SALE PRICES **DOORBUSTER SELECT ITEMS FOR HER, HIM & KIDS**

14.99 Reg. \$35-\$49, after 1pm: 24.99. Only at Macy's. From JA John Ashford.



19.99 CLEARANCE BOOTS Orig.* 69.99-\$75, after 1pm: 34.99. From Unlisted by Kenneth Cole & our Alfani.



DOORBUSTER London Fog[®] peacoat with scarf (★ WebID 856786) or Calvin Klein down coat with hood. Misses.



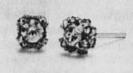
14.99 SELECT BRAS Reg. \$33-\$40, Age 353-340, after 1pm: buy 1, get 75% off 2nd. Bali[®], Warner's[®], Maidenform[®], & all Playtex[®]. Shown: Bali[®] Double Support. ★ WebID 560829.

DOORBUSTER



DOORBUSTER 49.99 DIAMOND BANGLE
Reg. \$200, after 1pm: \$75. 1/2 ct. t.w.‡
rose-cut** in 18k yellow (* WebID 1046985)
or rose (* 1046987) gold over
silverplated brass or
silverplated brass (* 1046984)

DOORBUSTER \$199 DIAMOND EARRINGS Reg. \$600, after 1 pm: \$315. 1/2 ct. t.w.[‡] in 14k white gold. ★ WebID 590445.



EXTRA 20% OFF JUNIORS' SHOES & BOOTS Doorbuster 27.99-63.99. Reg. \$39-\$89, after 1pm: 34.99-79.99. From G by GUESS, our Material Girl & American Rag & more.





DOORBUSTER 39.99 QUEEN 6-PC. SHEET SET
Reg. \$140, after 1pm: 69.99. Only
at Macy's. 420-thread count Egyptian cotton
with 4 pillow cases. ★ WebID 671981. King
also on doorbuster.





40% OFF FOOD PROCESSORS & BLENDERS Doorbuster 23.99-257.99. Reg. 39.99-429.99, after 1pm: 29.99-299.99. From left: Ninja, # BL660 (* WebID 735873) & Cuisinart, #DLC6 (* 691644).







Fine jewelry doorbusters are only available at stores that carry fine jewelry.

REG. & ORIG. PRICES ARE OFFERING PRICES AND SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. ONE DAY SALE PRICES IN EFFECT 2/21 & 2/22/2014. *Intermediate price reductions may have been taken. ‡All carat weights (ct. t.w.) are approximate; variance may be .05 carat. **May contain rose-cut diamonds. Jewelry photos may be enlarged or enhanced to show detail. Fine jewelry at select stores; log on to macys.com for locations. Almost all gemstones have been treated to enhance their beauty & require special care, log on to macys.com/gemstones or ask your sales professional. Extra savings are taken off already-reduced prices; "doorbuster" prices reflect extra savings. Doorbusters are available while supplies last. Advertised merchandise may not be carried at your local Macy's and selection may vary by store. Prices and merchandise may differ at macys.com. Luggage & electric items shown carry mfrs' warranties; to see a mfr's warranty at no charge before purchasing, visit a store or write to: Macy's Warranty Dept., PO Box 1026, Maryland Heights, MO 63043, attn: Consumer Warranties. ★ Enter the WebID in the search box at macys.com to order. N4010054.

OPEN A MACY'S ACCOUNT FOR EXTRA 20% SAVINGS THE FIRST 2 DAYS, UP TO \$100, WITH MORE REWARDS TO COME. Macy's credit card is available subject to credit approval; new account savings valid the day your account is opened and the next day; excludes services, selected licensed departments, gift cards, restaurants, gourmet food & wine. The new account savings are limited to a total of \$100; application must qualify for immediate approval to receive extra savings; employees not eligible.

Harmon Management Me

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CONTINUED CONTRACTOR CONTRACTOR



Fresh meals

The first step to improving your eating habits is simple: When it comes to meals, always include fresh ingredients. Fresh foods make meals taste better, and they can pro-vide more of the nutrients that fuel your body and support your immune system.

"A great way to start your morning is with fresh fruit, whole wheat bread and an egg dish that incorporates freshly cut vegetables," says registered dietitian Elizabeth Ward.

You might assume all foods found at the grocery store are fresh, but looks can be deceiving. Ward offers some tips for choosing fresh foods:

Meat: Avoid meats that are purple or dark brown, as these are signs meat is not fresh. The freshest cuts of meat are a bright pink or red color; bones and

fat are bright white.

Fruits and vegetables: Research which fruits and vegetables are in-season and be on the lookout for firm and crisp leaves. Before you place any fruit or vegetables in your shopping cart, examine them for any bruising, mold or signs of dam-

age from insects.

Eggs: Read up on the ingredients in your egg producer's hen feed. A recent study from The Journal of Applied Poultry Reticle in December 2013 titled "Market survey of quality and freshness of eggs produced under an enhanced hen nutrition and egg production program."
The study confirmed that hen feed and processing production plays a significant role in producing a fresher

- Brandpoint

NUMBER TO KNOW

20M Around the world, 20 million families consume rice daily as an important energy-providing ingredient of their diet. In the U.S., it's been a pantry staple for side and main dishes for generations, and each year in September we celebrate the harvest of more than 20 billion pounds of U.S.grown rice during National Rice Month

- Brandpoint

EASY RECIPE Brown and Wild Rice

and Sausage

Makes 1 serving. # 1 cup Minute Ready to Serve Brown & Wild

■ 1/4 cup cooked, crumbled sausage (for a lighter version, use low-fat turkey

sausage)

2 T roasted red pepper, chopped

1 cup baby spinach

■1T Parmesan

Prepare rice according to package directions. In a small microwave-safe bowl, combine sausage, red pepper and spinach. Microwave one minute. Stir in rice. Top with

Brandpoint

Revved-up resolutions

Superfoods that smash your new year's slump

By Lisa Messinger **Creators Syndicate**

We have crossed off the first month on the calendar for 2014. How are those New Year's resolutions working for you? If white knuckling alone doesn't do the trick, consider these strategies.

"Superfoods" have gotten their moniker for a reason after much study and testing. They are the perfect friend for a new year of resolutions. The following solutions that cover nutrient-filled choices - like seafood, soy, fruits, vegetables, legumes and whole grains — take just 10 seconds each to read and are almost that quick to prepare.

This may seem surprising, since the gourmet results include such treats as a white bean spread filled with mixed nuts, curry powder and ground ginger; a Thai-influenced soup packed with whitefish (which can come conveniently frozen, just like the inexpensive salmon that follows is canned), lemongrass, shallots and lime juice; and chocolate soy milk accompanied by sugar-free chocolate sandwich cookies, whipped cream, granola and diced dried cherries.

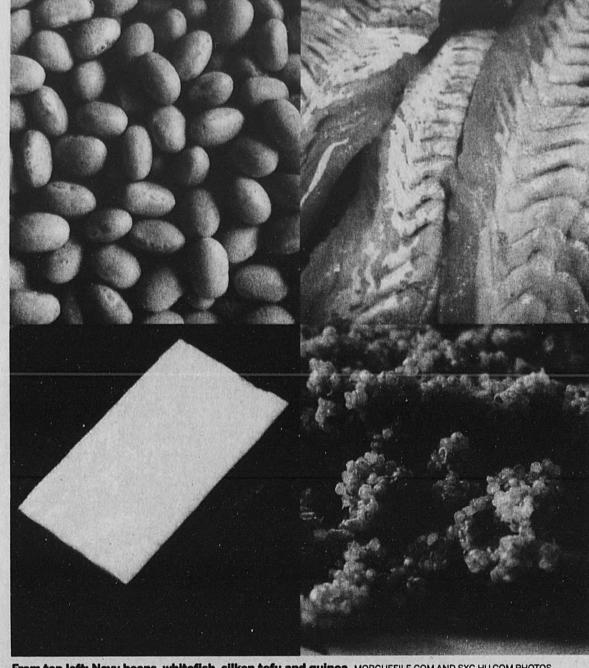
Cooking can be easy, nutritious, inexpensive, fun - and fast — as these menus of splitsecond family-friendly sensa-tions prove. The dishes are delicious evidence that everyone has time for tasty home cooking and, more importantly, the healthy family time around the kitchen table that goes along with it!

Another benefit: You effortlessly become a better cook, since there are no right or wrong amounts. These are virtuallycan't-go-wrong combinations, so whatever you - or your kid helpers - choose to use can't help but draw "wows" at the family dinner table.

Resolution: Eat more fish

Pull a fast one with fish: Got some fish foes in your family? If so, consider hiding the proteinpacked, low-fat powerhouse in some soup. Whitefish has no flavor and is also available conveniently frozen. Bake, poach or broil it and add to a soup with bold flavors, like a Thai-influenced one with vegetable broth, freshly ground black pepper, peeled and thinly sliced shallots, trimmed and outer layer discarded minced lemongrass, minced fresh ginger, chopped shiitake mushrooms, chopped basil, cayenne pepper, lime juice, soy sauce and udon noo-

Don't can these simple



From top left: Navy beans, whitefish, silken tofu and quinoa. MORGUEFILE.COM AND SXC.HU.COM PHOTOS

salmon sandwiches: Canned salmon is a reasonably priced wonderful staple to have on hand. Salmon and walnuts are two of the best sources of the highly touted omega-3 fatty acids. In a strong blender or food processor, make a paste with drained canned salmon, walnuts, freshly ground black pepper and packaged Italian seasoning blend. In a bowl, mix with low-fat mayonnaise, diced celery and diced black olives and serve as a sandwich spread on toasted whole-grain bread.

Resolution: Eat more fruits, vegetables and legumes

White bean spread in a whiz: A one-half cup serving of easyto-use canned white beans (also known as cannellini or navy beans, after its use as a staple by the U.S. Navy since the mid-1800s) has 110 calories, 0.5 grams of unsaturated fat, 0 milligrams of cholesterol, 19 grams of carbohydrates, 6 grams of fiber, 7 grams of protein and 440 milligrams of sodium, and, due to its mild flavor, the inexpensive ingredient has been used often by gourmet chefs in recent years.

Besides being wonderful in soups and salads and often put in Boston baked beans, it makes a super-quick base for a sandwich spread or dip for wholegrain crackers. In a strong

blender or a food processor, blend the drained canned beans with mixed nuts, freshly ground black pepper, curry powder and ground ginger until it becomes a paste of medium thickness.

Shake it up salad: In a salad shaker, plastic beverage container or small pitcher with a lid, add mixed greens (iceberg lettuce has the least nutrition, reens like romaine and those that are red in color have much more), sliced French green beans, halved grape tomatoes, golden raisins, sunflower seeds, whole blackberries or sliced strawberries, store-bought lowfat raspberry vinaigrette, balsamic vinegar, red wine vinegar, freshly ground black pepper and diced fresh rosemary leaves. Shake until well-mixed and everything is lightly coated with the dressing.

Resolution: Eat more soy

Team tofu: As the co-author of the 1990 book "The Tofu Book: The New American Cuisine" with 150 recipes that's still going strong, I know that tofu is the ultimate magician. It's like allpurpose flour in that it has no flavor of its own, but the inexpensive ingredient takes on those of what it's cooked or blended with.

Substitute drained silken tofu for ricotta cheese in your favorite lasagna recipe or mix it

half and half with cream cheese in a classic cheesecake and most likely no one - including you will know the difference.

Chocolate with nothing to hide: Crush sugar-free chocolate sandwich cookies, gently stir into store-bought chocolate soy milk, top with whipped cream, granola and diced dried cher-

Resolution: Eat more whole grains

These chips are up, not down: Replace chips with a mixture of whole-grain cereals (such as Mini-Wheats and Raisin Bran) you've very lightly sprayed with nonstick cooking spray and driz-zled with packaged Cajun seasoning blend before gently mixing.

Quinoa equals quality: Quinoa is an edible-seed grain-like crop that is a more complete protein than grains and, along with soy, one of the only non-meats that meets that criteria. Cook it according to package instructions, add a little soymilk, sugar-free sweetener, maple syrup, raisins you've plumped in water and diced peeled kiwi (widely available at supermarkets and often referred to as one of the superfoods).

Lisa Messinger is a first-place winner in food writing from the Association of Food Journalists.

A healthier look at traditional shrimp fried rice

By Relish Magazine

Your traditional Shrimp Fried Rice is made healthier with basmati, bean sprouts and snow peas.

Healthy Shrimp Fried Rice

Serves 4.

■ 2 T oyster sauce ■1T reduced-sodium soy sauce

■ 1/2 t sugar ■ 2 t roasted sesame oil, divided ■ 2 eggs, lightly beaten with 2 t of

■ 3/4 pound medium shrimp, peeled and develned, talls removed

■ 2 T canola oil m 3/4 t minced onion

■1T minced peeled fresh ginger ■ 1/2 t minced garlic ■ 1/2 cup minced green onions, di-

■ 2 cups cooked brown basmati rice, cooled

■ 1 cup bean sprouts ■ 3/4 cup snow peas Combine oyster sauce, soy sauce and sugar in a small bowl.

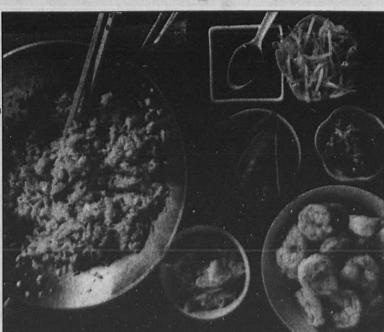
Heat a heavy 12-inch skillet over medium-high heat. Add 1 teaspoon sesame oil and eggs. Cook until eggs are softly scrambled. Remove from

Add remaining sesame oil to pan. Add shrimp; stir-fry until just cooked, about 2 minutes. Remove from pan. Wipe pan clean.

Add canola oil to pan. Add onion; stir-fry 2 minutes. Add ginger, garlic and half the green onions; stir-fry 30 seconds. Add rice; cook, without stirring, 1 minute to crisp, then stir-fry 2 to 3 minutes. Add bean sprouts, peas, egg, shrimp, remaining green onions and sauce. Toss gently until thoroughly heated.

Per serving: 280 calories, 11 g fat, 105 mg cholesterol, 16 g protein, 28 g carbohydrates, 1 g fiber, 830 mg

- Recipe by Laraine Perri, a food writer in New York City



Conservatory Concert Series presents 'Bach to the Future'

South Shore Conservatory's faculty pulls out all the stops as they celebrate Johann Sebastian Bach's birthday in concert at 4 p.m. on Sunday, March 9, at the Ellison Center for the Arts in Duxbury. The sixth of seven Conservatory Concert Series (CCS) performances, Bach to the Future, led by piano department chair Mark Goodman, features SSC faculty and students playing all Bach music on a mix of instruments, including harpsichord.

The Conservatory Concert Series is generously sponsored by Boston Private Bank & Trust Company. Thanks to their support, admission to the concerts is free, advancing the Conservatory's mission of expanding access to arts education and performance. CCS features the extraordinary talent of the Conservatory's faculty.

"Bach occupies such a special place for musicians that the faculty was lining up for opportunities to play in this concert," says Goodman. "He has been called 'the center of the sun and the man from whom all true musical knowledge proceeded.' His Bach to the Future birthday bash will culminate in the first ever SSC performance of a full

Brandenburg Concerto." Faculty members performing include pianists Ed Broms, Mark Goodman and Paul Hoffman, flutist Donald Zook, oboist Eliza-



South Shore Conservatory Piano Department Chair Mark Goodman. COURTESY PHOTO

beth England, violinists MaeLynn Arnold, and Amanda Roberts, violist Philip Rush, cellists Adele Carter, Michal Shein and Jeremy Harman, bassist Chris Rathbun, and vocalists Lorna Jane Norris and Randy McGee.

Following the performance, the audience is invited stay, enjoy some refreshments, and visit with the

musicians to learn more about them.

The final CCS concert, All in the Family, on April 27, features SSC faculty and friends who are related. For more information about CCS concerts and all Conservatory events, performances and programs, visit www.sscmusic.org or follow on Facebook.

DON'T MISS THIS

'Do the Math' to be shown at movie night

Cohasset Democratic Town Committee will present a documentary titled "Do the Math," at Cohasset Library at 7 p.m., on Friday, Feb. 28.

This documentary tells the story of an environmental movement, 350.org, which has responded to the urgency of earth's warming. 350.org has grown exponentially in response to the symptoms earth's climate is demonstrating in response to the planet's warming made obvious by melting glaciers, oceans rising, increased acidity in oceans as well as extremes of climate such as Australia's extreme summer temperatures and wildfires and California's severe drought.

Environmentalist Bill McKibben narrates this documentary and describes the movement he founded with other scientists and students from Middlebury College. He notes that 'we're running out of atmosphere" into which the waste products of burning fossil fuels, gas oil and coal, can safely be pumped and still sustain life on earth as we know it. McKibben references the results of NASA's climatologists team study headed by Jim Hansen, that "any value for carbon in the atmosphere greater than 350 parts per million is not compatible

Hear about the group 350ma, and their efforts to encourage Massachusetts legislators to divest the state's pension investments in the oil, gas and coal industries.

with the planet on which civilization developed and to which life on earth is adapted." Further to that, recent studies on carbon in the atmosphere show that CO2 has risen at about two parts per million each year causing carbon's recent hike to 400ppm of carbon in the atmosphere. "We're no longer at the point of trying to stop global warming; McKibben said, "We're at the point of trying to keep it from becoming a complete and utter calamity."

Come find out what actions people can take to help keep global warming from becoming "an utter calamity." World Bank president Jim Yong Kim said recently in an address at the World Economic Summit in Davos, Switzerland, in January 2014 that, "governments and business should consider withdrawing funding from the oil, gas and coal companies." In his speech to students in Jakarta, Indonesia, on Feb. 16, 2014, Secretary of State John Kerry called climate change a "weapon of mass

destruction."

Hear about the group 350ma. and their efforts to encourage Massachusetts legislators to divest the state's pension investments in the oil, gas and coal industries.

Become informed about the Keystone XL pipeline and how you can communicate your opinion to the State Department on the building of the cross-border pipeline during the comment period that ends March 7, 2014. If approved, the pipeline will carry crude oil from the Alberta Tar Sands to refineries the Gulf of Mexico. Go to: regulations.gov to find more information on the TransCanada's XL Pipeline application and make comments to the State Department, pro or con. Comments can also be made on PBS, Bill Moyer's website. Search for, What you Need to Know About the Keystone XL Pipeline; scroll down to Add You Voice to express an opinion.

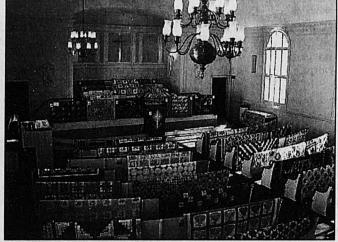
MARK YOUR CALENDAR

Quilt Show and Luncheon set for March 1

One of the South Shore's most treasured and delicious events will arrive like a preview of spring as Second Congregational Church in Cohasset celebrates its 20th and final benefit Quilt Show and Luncheon from 10:30 a.m. to 2 p.m., on Saturday, March 1.

Over the past 19 years 1,080 quilts have been displayed and \$39,000 donated to charity. Every year the sanctuary has come alive with colorful quilts draped over the pews. Each has a story to tell and maybe even a few secrets to share.

Tickets are available for \$15 by sending a self-addressed stamped envelope, along with a check payable to 2nd Congregational Church to: 100 Pond St., #16, Cohasset, MA 02025. Reservations for groups of six or more are accepted for specific luncheon seatings by calling DeeDee at 781-383-9474. The ticket includes a luncheon, served



Over the past 19 years 1,080 quilts have been displayed and \$39,000 donated to charity. COURTESY PHOTO

by the all male wait staff, and features a choice of entrees and is topped off by a variety of desserts. Those who have always thought of attending, but never done so, this is the time to mark the calendar for March 1. It promises to be a special fi-

All proceeds will benefit The Spark Center in Mattapan serving some of Boston's most high risk children: Those living with complicated medical conditions as well as those with significant family or social concerns. The entire event is handicap accessible.

CSCR free lecture series with Jonathan Twining

This is a free presentation seminar and discussion event hosted by the Center for Student Coastal Research (CSCR), a nonprofit organization located in Cohasset on Boston's South Shore. The CSCR educates students in environmental sciences, encourages environmental awareness, and promotes activism. General attendance and participation is complimentary, tax deductible donations are welcome.

The third guest speaker of the seminar and discussion series is Jonathan E. Twining, assistant profes-

sor of biology at the Eastern Nazarene College in Quincy. Mr. Twining will discuss 'Beside Still Waters: Exploring Vernal Pools' from 7 to 8 p.m. Monday, Feb. 24, at Cohasset Center for Student Coastal Research. Jonathan Twining is an

assistant professor of biology at Eastern Nazarene College (ENC) where he teaches the ecology and environmental science courses for the Biology Department. He has been engaged in the greater community, partnering ENC students with organizations like the

Quincy DPW, Wildlands Trust of Southeastern Massachusetts, Massachusetts Audubon, and the Department of Conservation and Recreation. Since 2001, his passion and primary research interest is the ecology and conservation of vernal pool habitats. Together with his students, he has certified over 40 vernal pools on the South Shore. In this presentation, Mr. Twining will use various forms of media to tell the story of the amphibians that migrate to vernal pools to breed in our area.



PLEASE RECYCLE THIS NEWSPAPER

Legal Notices

Legal Notices

ZBA/73 WHITEHEAD

LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF APPEALS

A public hearing will be held at the <u>Town Hall</u> on <u>Monday</u>, <u>March 3</u>, 2014 at 9:00PM to hear and act upon an application for a **SPECIAL PERMIT** pursuant to \$9.7.8 and any further relief as the Board deems appropriate. The applicant, Cavanaro Consulting, on behalf of landowner, Roger Wade, seeks to construct a garage with living space above at 73 Whitehead Road. According to the application on file in the Town Clerk's Office. File #14.02.06.

AD#13073839 Cohasset Mariner 2/14,

ZBA/488 JERUSALEM

LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF APPEALS

A public hearing will be

held at the Town Hall on Monday, March 3, 2014 at 8:30PM to hear and act upon an application for a **SPECIAL PERMIT** pursuant to §8.7 and any further relief as the Board deems appropriate. The applicant, James Kelliher of Axiom Architects, on behalf of landowner, Ryan L. Staszko, seeks to reconstruct a garage with storage space above at 488 Road. Jerusalem According to the application on file in the Town Clerk's Office. File #14.02.06.

AD#13073897 Cohasset Mariner 2/14, 2/21/14

LOGAN ESTATE LEGAL NOTICE Commonwealth of Massachusetts The Trial Court Norfolk Probate and **Family Court** 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Docket No. NO14P0296EA CITATION ON PETITION FOR **FORMAL** ADJUDICATION

Estate of: Paula Elaine Logan

Also known as: Paula E Logan, Paula A Logan, Polly Logan

Death: 09/30/2013

To all interested persons:

A Petition has been filed by: Patrick E Reid of **Bloomfield NJ** requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition. And also requesting that: Patrick E Reid of Bloomfield NJ be appointas Representative(s) of said estate to serve Without Surety on the bond.

You have the right to obtain a copy of the from Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection this Court before: 10:00 a.m. on 03/12/2014

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidevit of followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administra-

WITNESS, Hon. John D Casey, First Justice of this

Date: February 03, 2014

Patrick W McDermott Register of Probate

AD#13075408 Cohasset Mariner 2/21/14

ZBA/332 SOUTH MAIN

LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF APPEALS

A public hearing will be held at the Town Hall on Monday, March 3, 2014 at 8:00PM to hear and act upon an application for a SPECIAL PERMIT pursuant to §9 and any further relief as the Board deems appropriate. The appliappropriate. The applicant, William J. McGovern of Morse Engineering Co., on behalf of landowners, David A. Dwyer & Heather S. Hawes, seeks to construct a private boat dock within the Flood Plain at 332 South Main Street.

According to the applica-tion on file in the Town Clerk's Office. File #14.01.17.

AD#13073907 Cohasset Mariner 2/14, 2/21/14

> To Place Legal Ad Call Mary (781)433-7902

PUZZLES

Horoscope

SALOME'S STARS FOR RELEASE WEEK OF **MARCH 10, 2014**

ARIES (March 21 to April 19) Your efforts in behalf of a colleague do not go unnoticed, let alone unappreciated. Meanwhile, arrange to spend more time investigating that troubling fact you recently uncovered.

TAURUS (April 20 to May 20) Devoting a lot of time to a current career move means having less time for those in your private life. But once you explain the circumstances, they should understand and be supportive.

GEMINI (May 21 to June 20) Organizing your many duties in order of importance should help you get through them pretty quickly. Additional information puts that still-to-be-made decision in a new light.

CANCER (June 21 to July 22) Lingering bad feelings over a recent misunderstanding should fade as efforts reconciliation continue. Meanwhile, vacation plans might need to be revised because of new developments.

LEO (July 23 to August 22) Love dominates the Lion's heart this week, with Cupid shooting arrows at single Leos and Leonas looking for romance. pairs Partnered also strengthened relationships.

VIRGO (August 23 to September 22) "Getting to Know You" should be the single Virgo's theme song as you and that special person discover more about one another. That workplace situation needs looking into.

LIBRA (September 23 to October 22) You might be upset at having your

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3

Sudoku

objectivity questioned in the handling of a dispute. But it would be wise to reexamine your feelings to make sure

you're being fair with both sides.

SCORPIO (October 23 to November 21) A family dispute creates mixed feelings about how you hope it will be ultimately resolved. Best advice: Stay out of it and let the involved parties work it through by themselves.

SAGITTARIUS (November 22 to December 21) Making an effort to smooth over even the smallest obstacles now will go a long way to assuring that things run smoothly once you're set to move on with your plans.

CAPRICORN (December 22 to January 19) A challenge to your authority can be upsetting, but your longtime supporters want you to defend your position so you can win over even your most adamant detractors

AQUARIUS (January 20 to February 18) Being unable to get involved in a friend's problem calls for an honest approach. Provide explanations, not excuses. Another friend might be able to offer support for your decision.

PISCES (February 19 to March 20) You find yourself swimming in circles, looking for some way to get back on a straight course. But things get easier once you're able to refocus your

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BORN THIS WEEK: You're known for your charm and your wisdom, and there's no one who wouldn't want you to be part of his or her life.

Fun By

Numbers

Like puzzles?

Then you'll love

sudoku. This

the moment

you square off,

pencil and put

your sudoku

savvy to

the test!

so sharpen your

9

3

Level: Hoo Boy!

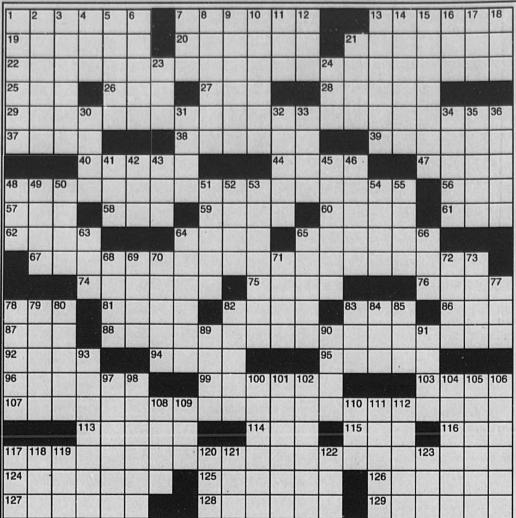
mind-bending

puzzle will have

you hooked from

The

Crossword - Dad's Acting Gene



ACROSS 1 Measure that led to a 1773 Boston Harbor "party" 65 Muppet frog

7 Battery ends 13 Five o'clock 67 19 Medicine vial 20 Quick reviews Finished

22 "Spartacus"; "Wall Street" 75 Runtish producer Brian 26 King, in Lyon 81 28 Duplicity

29 "The Defiant Ones"; "Halloween" been told" 38 At a reduced price 39 Skimpy swimwear brand

44 See 17-Down Fawn, e.g 48 "On Golden Pond"; "Klute" 56 Tarnish 57 Adam named her 58 Noted period

59 Sci-fi

vehicles

40 UV part

60 Active sort 99 Othello's 61 Conniving lieutenant 62 Egoist's love 103 "... com, -64 Prepare for don't care' 107 "Badlands"; publication

"Platoon"

113 Smart- -"Hot Shots!": "The (wise guys) **Fabulous** 114 Sort Baker Boys" 115 Stop on a 74 Corporate bus rte. shake-ups, 116 Tax return briefly 117 "Chinatown";

76 False god "Prizzi's 78 Cpl. Honor outranker **124** Very French for disorderly 125 Fighting -82 Where dawn (Big Ten

team) arises 83 Gave 126 Drill directive nutrients to 127 Glittery tree 86 Prefix decoration 128 Latino corner meaning "equal" store 129 Easier to see 87 College in

DOWN Rapids, lowa 1 Develop a 88 "Love Story"; liking for 2 One-sharp "Little Darlings" musical key 92 Ladder unit 3 Spill 94 Actress

Cedar

response to

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ice cream?

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6 Mortise

insertion

7 Ulna's place

- razor ("keep it simple" rule) 10 Mexican flower 11 MPG org.

8 - Marcus

(retailer)

12 180 degrees from NNW 13 Emotionhiding sorts 14 Come to a stop 15 Made mad

16 Marina — 17 With 44-Across, just 18 Sentence units: Abbr.

21 Together, musically 23 Executed 24 Size up from med. 30 BYOB part 31 Steinbeck's

Tom 32 Model Macpherson and others 3 Foliage bit 34 Bursts

(with) 35 Exemplar 36 Apologetic 41 Caustic stuff

in Drano

42 Road gunk

43 Cellular stuff

45 Passed on a bicycle, 46 Big name in 85 Oaf's crv

before E

90 Saw or ax

93 Popular

1980s

jeans

98 Common

soccer

score

company)

97 Grow wider

91 Actor Wyle

89 Run

soup mixes 48 "— So Shy" 49 Motorcyclist Knievel 50 Carter of sitcomdom 51 Naomi and Wynonna

52 Tell - (lie) 100 Sword go-53 Journalist's 101 - Mae (loan tablet 54 Moore of film 102 Miffing 55 Parched 63 All - naught 104 It lures bees

computer

83 Hide hair

64 Turbine, e.g. 105 Unthrone 65 Kinte of 106 More "Roots" 66 - Friday's 108 Electrically adaptable 68 2012, e.g. 69 "I'll - best!" **70** On — to

109 Hush-hush govt. org. 110 "This nowhere Vienna loc. stickup!" 72 Sedgwick of 111 "- Frome" Warhol films 112 Fry quickly 73 Sammy of 117 RR crossing

118 "- get it baseball 77 Texter's titter now! 119 Solo of "Star 78 Theater curtain Wars 120 Point on a fabric 79 Cheese type pen 121 "I'm Real" 80 Choir part 82 Huge 1940s

singer, for short 122 Espionage 84 Pro at giving first aid gp. 123 Salty body

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1

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Crossword Solution -

Dad's Acting Gene

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Magic Maze - Religious Buildings

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diagram. They run in all directions forward, backward, up, down and diagonally.

Ashram Basilica Cathedral Chapel

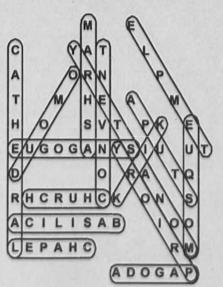
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> Monastery Mosque Pagoda Priory

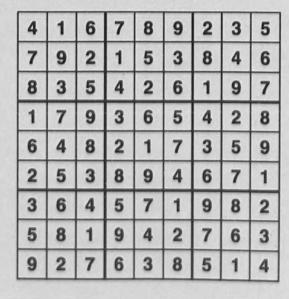
Stupa Synagogue Temple

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Magic Solution Religious Buildings



Sudoku Solution



HOW TO SUBMIT

Planning an event? Send your event information by email to scalendar@wickedlocal.com or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.



CALENDAR

Curtain Call Theatre presents 'Who's Afraid of Virginia Wolf'

WHEN: 8 p.m. Feb. 28-March 1 and March 6, 7, and 8 WHERE: Curtain Call Theatre, 182 Commercial St., Braintree. INFO: Tickets: Friday-Sunday \$20/Thursday \$18. Reservations: 781-356-5113 or tickets@curtaincallbraintree.org. www.curtaincallbraintree.org

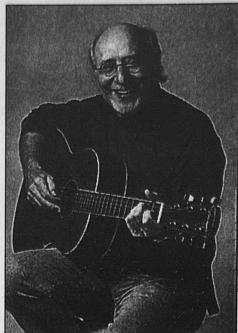


HPL's 'Afternoon with Author Series' presents Neil Swidey

WHEN: 3 p.m. Sunday, Feb. 23 WHERE: Hingham Public Library, 66 Leavitt St., Hingham. INFO: Author Neil Swidey will speak about his new book "Trapped Under the Sea: One Engineering Marvel, Five Men, and a Disaster Ten Miles Into the Darkness" Afternoons with the Author are free programs designed to connect writers with readers. Buttonwood Books will have copies of the book available for purchase and author signing. Light refreshments.



WHEN: 8 p.m. Friday, Feb. 28. WHERE: The River Club Music Hall, 78 Border St., Scituate. INFO: For ticket info call 339-236-6786 or visit www.theriver clubmusichall .com Tickets \$35 in advance: \$40 at the door.



SATURDAY, FEB. 22

Book Nook Book Sale at First Congregational Church,1 South Main St., Randolph in the Scout House behind the church from 10 a.m. to 2 p.m. 781-963-6373; http://www.firstuccrandolph.org/

Opening reception for Robert S. Neuman: Lame Deer Series at The Art Complex Museum, 189 Alden St., Duxbury from 1:30 until 3:30 p.m. An Abstract Expressionist, Neuman pays homage to the plight of the Native American People of the Great Plains. The exhibit until May 18. www.artcomplex.org.

Bird carver and duck decoy expert Bob Mosher will be the featured artist at the James Library & Center for the Arts Gallery, 24 West St. in Norwell in February. 781-659-7100 or www.jameslibrary.org.

Dinner theater at the John Carver Inn & Spa, 25 Summer St., Plymouth. Buffet dinner and live show, \$59.95. Show only, \$25. See www.johncarverinn.com/theater or call 855-318-9749. Doors open 7 p.m. for dinner theater events. Tonight: "Mobfellas."

Love Letters will be presented at 7:30 p.m. at the Geronimo Black Box Theatre at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth. Tickets are \$20 each and reservations are strongly recommended by calling 508-224-4888 or email at info@PBTheatre.org. Tickets may be purchased online at www.brownpapertickets.com (see Priscilla Beach Theatre). For more information, visit www.PBTheatre.org.

"Spring Awakening," The Company Theatre's production of the Tony-Award winning musical, with book and lyrics by Steven Sater, music by Duncan Sheik, based on the play by Frank Wedekind, will run from Feb. 21 through March 2, at The Company Theatre Centre for the Arts, 30 Accord Park Drive, Norwell. Mickey White, of Duxbury, will appear in the leading role of Melchoir. Jessy Rowe, of Kingston, will play the part of Wendla. Tickets are \$34 to \$36. Matinee and evening performances are available. For a complete performance schedule, to order tickets, or for more information, call the box office at 781-871-2787, email boxoffice@companytheatre.com or visit www.companytheatre.com.

Comedy Night with Bob Niles along with Mike Kerrigan, Art Milmore and Kristin Seltman hosted by Jon Pierce at Commonwealth Restaurant & Lounge, 79 Parkingway, Quincy. 7:30 p.m. Free DJ and dancing after the show. Reserve early by calling 781-843-4833

Irish Seisiun at Lucioso's Pub at 6 Spring Lane in Plymouth, 5:30 p.m. Free.

Hypercane at Venus III, 252 Main St, Hanson, 781-293-0000

John Sage at Damiens Pub, 279 Spring St., Hanson, damienspub.com 781-447-6556

Kate Cameron at The Snug, 116 North St, Hingham, 9:30 p.m. 781-749-9774, www.snugpub.com.

Laughter Yoga Workshop hosted by The Cancer Support Community of Massachusetts South Shore from 10 to 11 a.m. at 120 Longwater Drive, Suite 104 Drive in Norwell's Assinippi Park. Pre-registration is required, by calling 781-610-1490.

DJ Skip at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Chambers and Tobias Band at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Run 4 Cover at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

Draw The Line Aerosmith Tribute Band at C-Note, 159 Nantasket Avenue, Hull. Show starts at 9:45 doors open at 8 pm. www.cnotehull.com, 781-925-4300

The Dons at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

John Sage at Damien's Pub, 279 Spring St., Hanson. 781-447-6556

Slider, All Seasons, Plymouth St., Route 106 Halifax. Myallseasons.com

Blind Ambition at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

John Foster at Turners Yard, 615 Washington St., Pembroke. 9 p.m. 781-826-2532.

Old Dudes perform at Sandcastle Lounge at the Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, from 6 to 9 p.m., with the lounge open from 5 to 10 p.m. www.pilgrimsands.com

The Sibs at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

SUNDAY, FEB. 23

Abstract art exhibit by Robert S. Neuman opens today at the Art Complex Museum, 189 Alden St., Duxbury. His visits to the Crow and Northern Cheyenne Reservations in Lame Deer, Montana, ultimately resulted in The Lame Deer Series, which will be on display from today to May 18 at the Art Complex. For further information regarding the artist, visit www.robertsneuman.com. For Museum info see www.artcomplex.org or call 781-934-6634.

Audition for Massasoit Theatre Company's production of "Wizard of Oz" directed and choreographed by Corinne Mason, musical direction by Janice Issa-Wright, at 6 p.m. Call backs Monday at 6 p.m. Show dates: two weekendssix shows May 2-11. Sing 16 bars of a song either from the show or in the style of the show. No pop songs. Be prepared to dance. Information: www.massasoit.mass.edu/buckley/ shows.cfm. 508-588-9100 x1982

Author Neil Swidey will speak about his new book "Trapped Under the Sea: One Engineering Marvel, Five Men, and a Disaster Ten Miles Into the Darkness" as part of Hingham Public Library's "Afternoon with Author Series" in artnership with Buttonwood Books & Toys of Cohasset at 3 p.m. at HPL, 66 Leavitt St., Hingham. Buttonwood Books will have copies of the featured title available for purchase and author signing. Light refreshments

Sunday Salon Series, 2 p.m. at Duxbury Free Library, 77 Alden St. Westwinds Bookshop partners with the library for book events. All programs require registration, which opens two weeks prior to the event. Visit duxburyfreelibrary.org/events or call 781-934-2721, ext. 108. Today: "Death in Shorts" mystery panel. This panel will feature mystery panel of writers and editors whose short stories have been included in the best-selling book, "Stone Cold, Best New England Crime Stories," including Katherine Fast, a former Duxbury resident, Sheila Connolly of Middleborough and James T. Shannon of Dartmouth. Panelists will read from and discuss how they plotted, constructed and populated their stories.

A.R. Gurney's "Love Letters" will be presented at 3 p.m. at the Geronimo Black Box Theatre at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth. Tickets are \$20 each and reservations are strongly recommended by calling 508-224-4888 or email at info@PBTheatre.org. Tickets may be purchased online at www.brownpapertickets.com (see Priscilla Beach Theatre). www.PBTheatre.org.

Irish Sessions at Turners Yard, 615 Washington St., Pembroke. 7 to 10 p.m. 781-826-2532.

Bloody Blues Brunch Series 1-4 p.m. featuring Daniel Byrnes Band at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

The Country Bone dance will be held from 1 to 5 p.m. with DJ/Instructor Felicia Doble, at the Wareham Elks Lodge, 2855 Cranberry Highway, East Wareham, \$10 pp at door. Beginner lesson at 1:30 p.m. Bar and snack bar open; no outside food or drinks allowed. www.thecountrybone.com

MONDAY, FEB. 24

New Beginnings Singles Support Group, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. Information: visit http://nbnorwell.org/, email at info@nbnorwell.org or call 781-499-2659. Meetings at 391 Washington St., Hanover. NB is not a dating service. NB is a singles support organization dedicated to healing, growing and learning.

Tuned In: Straight Up Rock Talk, a networking night for musicians and music industry professionals from 7 to 9 p.m. at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

Johnny Chebator, 9 p.m. every Monday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Karaoke with Jeff Baker at 9 p.m. at Sam Diego's, 51 Main St., Plymouth, 508-747-0048. Texas Hold'em at Black Raspberry, free Texas Hold'em with the Northern Poker League at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth, 508-830-0022.

TUESDAY, FEB. 25

Meet author Christopher Golden as he reads from and discusses his new book 'Snowblind" at 7 p.m. at Tufts Library, 46 Broad St., Weymouth. Books will be available for purchase with cash or personal checks. Light refreshments. 781-337-1402.

Jazz at Martini's, Tuesdays from 7 to 10 p.m. at Martini's, 50 Court St., Plymouth, featuring the Kenny Wenzel jazz group. Kenny Wenzel plays trombone and flute; drummer is Gene Roma. Call 774-773-9782 or visit www.martinisplymouth.com for information.

Wicked Trivia with DJ Dave 7:30-9:30 p.m. at British Beer Company, 2294 State Road, Plymouth (Cedarville), 508-888-9756, www.britishbeer.com.

Wicked Trivia Pat Lally, 7:30-9:30 p.m. at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999.

Steve Mazzetta will perform at British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Karaoke at 8 p.m. every Tuesday at Shanty Rose, 16 Town Wharf, Plymouth, 508-746-7673. Irish Sessions at Turners Yard, 615 Washing-

ton St., Pembroke. / p.m. /81-826-2532. Jackson Wetherbee hosts open mike every Tuesday at The Tinker's Son, 707 Main St., Nor-

Greeks Who Drink at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

well, 9 p.m. thetinkerson.com, 781-561-7361.

WEDNESDAY, FEB. 26

Water Watch Lecture Series every Wednesday. Tonight: Green Fire, award winning documentary, Bob Wilber, MassAudubon 7 p.m. at South Shore Natural Science Center, 49 Jacobs Lane, Norwell. Free and open to the public. www.nsrwa.org

Murder mystery dinner theatre at 7:30 p.m. at Martinis Bar & Grill, 50 Court St., Plymouth. Doors open at 7. Tickets are \$35 and include choice of appetizer, choice of dinner, dessert and show. Tickets must be purchased in advance. Stop by or call Martinis at 774-773-9782.

Country Night at Players Sports Bar, 86 VFW Drive, Rockland. Complimentary dance lessons from 7 to 9 p.m. DJ Cowboy Steve at 9 p.m. 781-681-9999, southshoresportsbar.com,

Team Trivia at 7 p.m. every Wednesday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Trivia night 7:30 p.m. every Wednesday, at the Shanty Rose, 16 Town Wharf, Plymouth.

Karaoke night at the Black Raspberry Pub, 9 p.m., 36 Cordage Park Circle, Plymouth.

Aldous Collins Band at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit www.britishbeer.com.

The Session at The Tinker's Son, 707 Main St., Norwell, 7 p.m. thetinkerson.com, 781-561-7361.

THURSDAY, FEB. 27

Irish Music and more, the Lucky Seven's open seisiun at the Kingsbury Club Pub, 186 Summer St., Kingston, 7-10 p.m. every Thursday. All welcome; come listen, sing, play, enjoy. For more information, call Bill Underhill, 781-585-1042.

Cheryl Arena with The Willie J Laws Band at 8 p.m. Open mike at 9 p.m. Jammers invited and welcome. Free pizza, at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Trivia and Karaoke at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

Mark T. Small performs at 7 p.m. every Thursday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Mark Purcell performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Jennier Tefft at The Tinker's Son, 707 Main St., Norwell, 8 p.m. thetinkerson.com, 781-

Blues Invitational with Bruce Bears at Turners Yard, 615 Washington St., Pembroke. 9 p.m. 781-826-2532.

FRIDAY, FEB. 28

"Spring Awakening," The Company Theatre's production of the Tony-Award winning musical, with book and lyrics by Steven Sater, music by Duncan Sheik, based on the play by Frank Wedekind, will run from Feb. 21 through March 2, at The Company Theatre Centre for the Arts, 30 Accord Park Drive, Norwell. Mickey White, of Duxbury, will appear in the leading role of Melchoir. Jessy Rowe, of Kingston, will play the part of Wendla. Tickets are \$34 to \$36. Matinee and evening performances are available. For a complete performance schedule, to order tickets, or for more information, call the box office at 781-871-2787, email boxoffice@companytheatre.com or visit www.companytheatre.com.

Who's Afraid of Virginia Woolf? presented by Curtain Call Theatre, 182 Commercial St., Braintree, two weekends Feb. 28-March 1 and March 6, 7, and 8 at 8 p.m. Tickets: Friday-Sun day \$20/Thursday \$18. Reservations: 781-356-5113 or tickets@curtaincallbraintree.org. www.curtaincallbraintree.org.

Brian Duchaney at Damien's Pub, 279 Spring . St., Hanson. 781-447-6556

Cricket Creek at All Seasons, 327 Plymouth St., Route 106 Halifax, myallseasons.com, 781-293-4135

Track 44 at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Karaoke Night every Friday at 8 p.m. at American Legion Post 40, 199 Federal Furnace Road, Plymouth, open to the public. Call 508-746-0009 for details.

Think at The Snug, 116 North St, Hingham, 9:30 p.m. 781-749-9774, www.snugpub.com.

Peter Yarrow of Peter, Paul and Mary, at The River Club Music Hall, 78 Border St., Scituate, 8 p.m. Tickets \$35 in advance; \$40 at the

Battle of The Bands with Handsome Bastards vs Heavy Traffic at C-Note, 159 Nantasket Avenue, Hull. www.cnotehull.com, 781-925-4300

Gary Lamb at the WaterFire Tavern at the John Carver Inn & Spa, 25 Summer St., Plymouth, 8 p.m. 855-580-5665.

Cranberry Lane at Sandcastle Lounge at the Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, from 6 to 9 p.m., with the lounge open from 5 to 10 p.m. www.pilgrimsands.com

Daniel Byrnes Band at British Beer Company. 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

Electric Legacy at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

Northern Shakers at The Tinker's Son, 707 Main St., Norwell, 9 p.m. thetinkerson.com, 781-561-7361.

Kristen Merlin at Players Sports Bar, 86 VFW Drive, Rockland.

The Joneses at Turners Yard, 615 Washington St., Pembroke. 9 p.m. 781-826-2532.

Krush at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.





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